

InStyle

July 2015

SUPER EASY HAIR UPDATES

New Tricks
for 5 Styles

Zoë!

The Chicest
Billion-Dollar
Box Office
Mom Talks
Life After
Twins

Style Diaries

from the
A-LIST

**YUMMY
VEGAN**

by **BEYONCÉ**

**FIGURE
FLAUNTING**

by **MEGHAN TRAINOR**

**BRIDAL
BOOT CAMP**

by **LAUREN CONRAD**

GREEN & GLAM

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**GAINING
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SUMMER
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A hand is visible on the left side of the frame, holding a vertical, brushed metal bar. The background is a soft, out-of-focus mix of light blue and white, suggesting a bright, airy environment. The word "Dior" is centered in the middle of the image in a white, elegant serif typeface.

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Kiersey Clemons, Chanel Iman, and Zoë Kravitz, stars of the Sundance darling *Dope*, hit the beach in the season's chicest swimwear.



ZOË SALDANA photographed on the cover and at right by Paul Maffi. This page: Missoni swimsuit. CH Carolina Herrera skirt. Gucci link bracelets. Jacquie Aiche cuff.

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ZOË SALDANA

On the first day back at work after the birth of her twins boys, Bowie and Cy, the star gets candid about her new roles as wife, mother, star of *Infinitely Polar Bear*, and more.

BY MIKE SAGER

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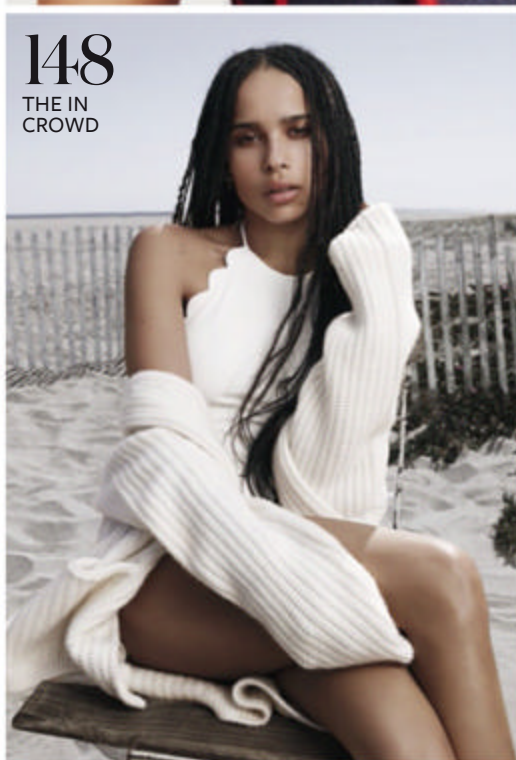
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Our Social Network

Hey, *InStyle* readers: Post, pin, tag, and tweet us. We can't help but *like* your feedback online!

Courtney Cox *Took Over* Our Feed—And Nailed It!

TWITTER Dishing on everything from her No. 1 episode of *Friends* to the song she has on repeat, the actress and *Just Before I Go* director filled us in on what you were dying to know about her incredible career and easygoing style. ICYMI, here are highlights from our hang.



COURTNEY COX

Q What *Friends* episode was the most fun to film?

A The one when we played the trivia game and ended up having to switch apartments.

Q What do you miss about your *Friends* days?

A Hanging out with the gang and eating lunch with the girls.

Q Of all the characters you've portrayed, which would you likely be friends with in real life?

A Jules Cobb from *Cougar Town*.

Q If you weren't acting, what profession would you choose?

A I would be a fashion designer.

Q How do you imagine yourself in 10 years?

A Only being five years older!

YOU SHOWED US YOUR *MAD MEN* STYLE!

INSTAGRAM We may have said good-bye to Betty, Don, and Peggy, but their spot-on style lives on. To pay homage to the end of a TV era, we asked our followers to share snaps of their 1960s-inspired looks. *Mad Men* costume designer Janie Bryant selected her favorite, and the lucky winner (pictured below) scored big—she snagged one of Don's signature suits from the show.



Jon Hamm as Don Draper in Season 7 of the AMC hit



"My fiancé and I are actually planning a *Mad Men*-themed wedding," says our winner, Drena Bathemess.

@glamourustique:
#MadMenStyle #vintage
#retro #madmen
#shopping #fashion
#original #foto #style



GEAR UP FOR THE HUNGER GAMES

INSTYLE.COM We're counting the days until *The Hunger Games: Mockingjay—Part 2* hits theaters in November. Until then, get your Katniss fix with Tim Palen's stunning portraits of the cast in his new book, *Photographs from the Hunger Games* (\$75; assouline.com). Visit instyle.com/hunger games to see exclusive images and enter for a chance to win a signed copy of the tome.

ASK OUR BEAUTY EDITORS ANYTHING!

Mark your calendars: On June 30 at 1 P.M. EDT, the *InStyle* beauty team will answer all your questions on our Facebook page.

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Ostrich-leather bag with chain, \$3,150; at Bergdorf Goodman.

SPEED *Dial*

We all have that one person we can call (or text) 24/7 when we crave expert style advice. Maybe it's your BFF. Maybe it's your sister. Chances are, you are that person for a whole lot of others, right? But when it comes to true "capital E expertise," we here at *InStyle* like to turn to the A list. They have seen and tried it all, and so they really know their stuff. Period.

We put our phones down for a bit so we could personally chat up everyone from Beyoncé to Jennifer Garner to Meghan Trainor to create the ultimate style-guide cheat sheet. We got them to share their most treasured lifestyle tricks, hacks, and never-knew-thats so you could have them all at your fingertips ("The Celebrity Guide to a Totally Inspiring Life," p. 85). And the best part? Messaging rates do *not* apply!

Ariel



BRIAN HENN



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Georgia May Jagger wears Michael Kors MK6004.

At the Cover Shoot

WHO Zoë Saldana **WHERE** Malibu's Villa de Leon, an Italianate palazzo with sweeping views of the Pacific Ocean
WHAT WENT DOWN The actress, who gave birth to twins Bowie and Cy in November, was excited about her first day back to work. With her boys nearby, she jumped right into the action, singing to "Sweet Dreams," by the Eurythmics, and snacking on trail mix from Whole Foods Market.



STYLE WITH A SMILE

"Zoë likes to be silly," says manicurist Tina Au. "She kept all of us laughing with her awesome impressions."



Coastal CLASSICS

Fashion director Melissa Rubini paired easygoing looks from the pre-fall collections with sophisticated swimwear to evoke the Mediterranean (or in this case Malibu). Saldana gravitated toward the warm tones of a Missoni swimsuit, Albertus Swanepoel's raffish raffia hat, and oversize sunnies by Oliver Peoples.

Nylon-rayon-spandex swimsuit, Missoni, \$605; missoni.com. Straw and raffia hat, Albertus Swanepoel, \$295; warmny.com. Acetate and metal sunglasses, Oliver Peoples, \$435; oliverpeoples.com.

GILTY PLEASURES

"I had forgotten how much fun shoots can be!" said Saldana as she tried on this delicate Hermès watch and diamond feather earrings by Sidney Garber.

18kt rose gold watch, Hermès, \$13,650; at Hermès.

You Asked, Zoë Answered

Q What is your go-to outfit?

—TESIA GONZALES, Port Lavaca, Texas

A Jeans, a button-down, and red lipstick. I like pieces that have a masculine essence. Nothing that's too cutesy.



18kt rose gold and diamond earrings, Sidney Garber, \$18,000; sidneygarber.com for stores.



THROWBACK! HER APRIL 2009 SHOOT

A serious ballet dancer since age 9, Saldana went en pointe for our feature "Ring Master." "I got so much out of being a dancer," she told us. "The stillness of it. The discipline. The dedication."



COVER CREDITS

dress DOLCE & GABBANA ring, left hand HER OWN bracelet and left ring DIOR FINE JEWELRY rings JANE TAYLOR JEWELRY

photographed for *InStyle* by PAUL MAFFI

styled by MELISSA RUBINI hair BEN SKERVIN makeup VERA STEIMBERG manicure TINA AU

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garnierusa.com

Behind *the* Scenes

What went into making our feature with *Dope* stars **Kiersey Clemons**, **Chanel Iman**, and **Zoë Kravitz**



Just how did the actresses brave the sweltering temps of our Santa Monica beach shoot? Sleek swimsuits, loads of sunscreen, and cool company. “Zoë and Chanel are inspiring to work with,” says Clemons (pictured here with Iman). “We don’t get to spend a lot of time together, but we always have fun when we do.”

THE GLOW

To moisturize and protect the stars’ skin in the sun, makeup artist Darlene Jacobs mixed SPF 50 sunscreen, argan oil body butter, and a pinch of bronzy shimmer. “The pigments define abs and legs in a subtle way,” she says.



Josie Maran Jumbo Whipped Argan Oil Ultra-Hydrating Body Butter, \$53; josiemaran.com.

MAC Cosmetics Pigment in Melon, \$21; maccosmetics.com.



THE ROW

ELIZABETH AND JAMES

CÉLINE

THE FASHION

Stylist Anna Schiffel kept each woman’s personal style in mind for the shoot. “In L.A. I’m always in maxis and sandals,” says Iman, who wore a minimal design by the Row. Clemons favored sporty-chic styles, like this body-con Elizabeth and James dress, whereas Kravitz layered Céline’s stripes over swim separates to spotlight her boho vibe.



Kravitz, in Unif, performed onstage at nearby Club Nokia immediately after our shoot.

THE MUSIC

Kravitz played DJ on set, blasting some of her alt faves. As soon as we wrapped, she headed straight to downtown L.A. for her gig with her electro-pop band, Lolawolf.

My Halo Atlas Sound

Logos Atlas Sound

Crayon Box Virgo & Virgo Four

Dress Sylvan Esso

Only Us Beacon

Without You Lapalux

Uncatena Sylvan Esso

FADER Mix Lapalux

Pulse Beacon



THE MANIS

Manicurist Debbie Leavitt chose opaque neutral lacquers to complement each star’s undertones. “After seeing how perfect this nude shade looked on Zoë’s nails, I finished it with Butter London’s matte-finish topcoat,” says Leavitt. “She loved that the result seemed almost like a continuation of her skin color.”



Formula X for Sephora nail polish in Evocative, \$11; sephora.com.



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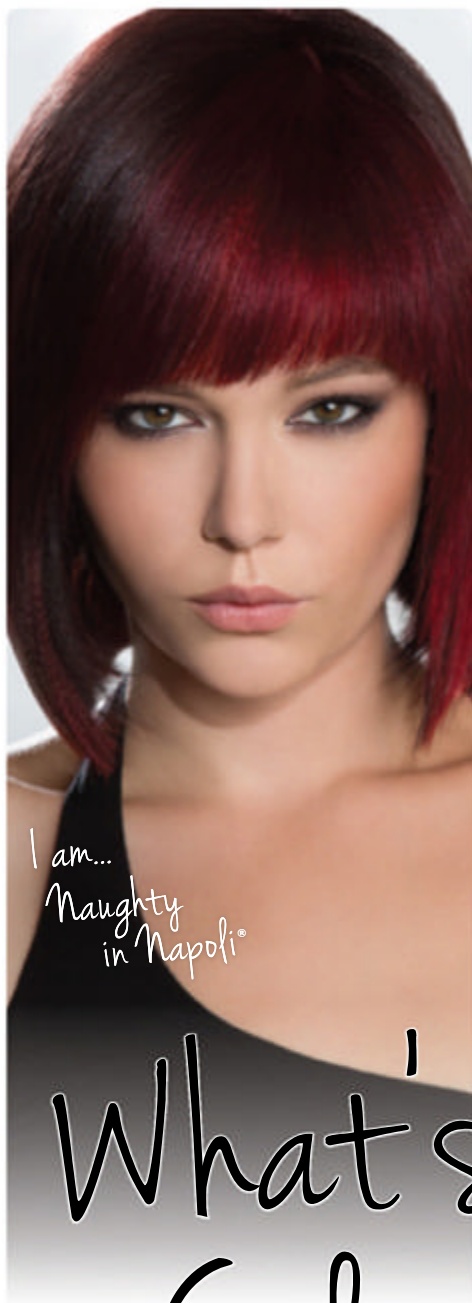
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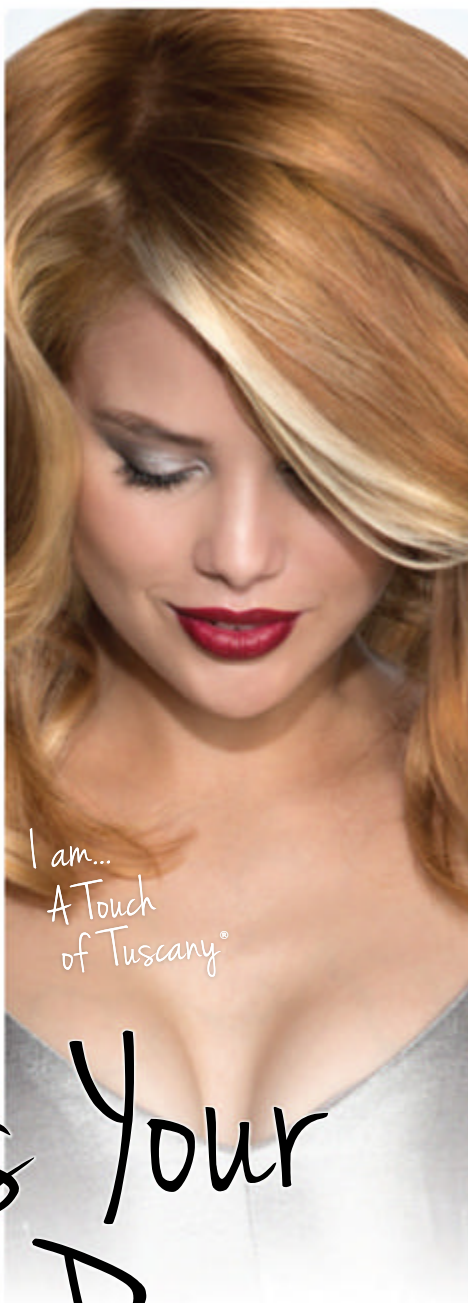
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FROM THE FOUNDER OF O.P.I

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Founder of OPI
President & CEO
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- George W. Schaeffer

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-Marilyn Cole

Owner, Elektrum Hair Studio, Hollywood, CA
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-Erin Nelson

Owner, Fix Hair Studio, Chicago, IL
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FROM THE FOUNDER OF O·P·I

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We Hear You...

"As a fellow Southern belle, I thoroughly support your choice of **Reese Witherspoon** as the May cover star. She's a true role model, just like my mother and grandmother."

—STEPHANIE TUMLINSON, Atlanta



THE APPEL OF MY IRIS

In a world full of unoriginality, Iris Apfel is unabashedly unique, so it was great to see her featured prominently in the May issue [What's Now!]. If I can live my life with even half as

much style, wit, honesty, and joie de vivre as she does, I will be a very happy woman.

—JANE DEWITT, Fairfield, Conn.

GLADIATORS, UNITE!

I loved everything about Kerry Washington's cover story interview [March]. As the sole female construction inspector in my office, I really identified with her comment about wanting to live in a world where gender and race don't limit her. I never felt like I needed to act like a man to do my job: I assess roadways and bridges just as well as the rest of them.

—BRANDI NAPIER, Tallmadge, Ohio

THE WORLD'S NOT FLAT

I was a bit disappointed with your lingerie recommendations in "Shades of Sexy" [April].

Not one of the flimsy bras pictured caters to people who need extra support. Please broaden your perspective of the female body.

—ALISA ZELLS, Redondo Beach, Calif.



Your *Ultimate* Travel Companion

Readers jet-set across the globe with their *InStyle*!



SCOTTSDALE, ARIZONA

"The color issue was the perfect style guide for our spring break!"

—ALYSON GOODMAN & REBECCA GOLDENBERG, New York



GUANACASTE, COSTA RICA

"Kicking back with Kerry Washington and a coconut on the beach at Playa Negra."

—ROMONA L. DAVIS, Phoenix



ROME

"For my trip to Rome, I found tons of fashion inspiration in the March issue."

—STEPHANIE COOPER, San Dimas, Calif.



SHANGHAI

"Couldn't travel so far away without my favorite mag!"

—LYNDA HWANG, Eastvale, Calif.

EXPECTING THE BEST

Thank you for including advice for pregnant women in May's Ask Diane von Furstenberg column. I have noticed a lack of clothing suggestions for those of us "with child," so the helpful tips from the storied designer were much appreciated.

—CASSIE MCGLYNN, Braintree, Mass.

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what's NOW!

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**THIS SEASON'S
HOTTEST
SWIM TREND**

THE CUTAWAY BIKINI

This summer let your itty-bitty bikini stay in its teeny-weeny space in your drawer. Thanks to the athleisure trend, the freshest shape right now is the more substantial cutaway. Not only does the silhouette flaunt sun-kissed shoulders with its carved-out sections, but it also supports and flatters busts of all sizes. The high neck serves as an easy cover-up for your décolletage and built-in pop-out protection too—key for an active woman. “It’s functional with some va-va-voom,” says designer Katinka Somers of We Are Handsome, the Australian brand beloved by Beyoncé and Diane Kruger. Dive on in!

Get your
shoulders
cutaway-ready!
Turn the page
for the No. 1
arm exercise.

Nylon-spandex top (\$74) and bottom (\$62), Tavik; tavik.com.

Nylon-elastane top (\$122) and bottom (\$72), Seafolly; seafolly.com.

Polyester blend, We Are Handsome, \$229; wearehandsome.com.

Nylon-spandex top (\$108) and bottom (\$86), Mikoh; mikoh.com.

Nylon-spandex top (\$68) and bottom (\$58), BCBGeneration; bcbgeneration.com.

what's NOW! BEACH SPORTIF

Your Summer Six-Pack

No crunches necessary! Get a move on filling your beach bag with these brand-new beach essentials.



2. FOR VISUALIZATION

Tons of stars swear by eyewear master Thierry Lasry. Now he teams with Fendi to decorate his signature oversize frames with prints from the fashion house's archives. Acetate sunglasses, Thierry Lasry for Fendi, \$650; at Fendi, 212-897-2244.



3. FOR SKIN SALVATION

Fight the sun and father time with this moisturizing SPF pumped with anti-agers like maracuja and red algae.

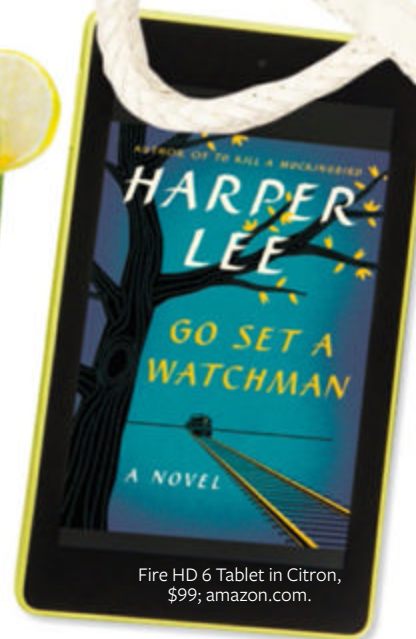
Tarte TarteGuard 30, \$32; sephora.com.



4. FOR DETOXIFICATION

Every summer's got a smoothie. If you try only one this year, make it this coconut-almond green mixture full of vitamin E and protein from *Clean Green Eats*, the just-released book from Lifetime's *Cook Yourself Thin* host, Candice Kumai.

\$20; amazon.com.



Fire HD 6 Tablet in Citron, \$99; amazon.com.

5. FOR STAYCATION

Curl up with Harper Lee's *To Kill a Mockingbird* prequel, *Go Set a Watchman*. Don't stop there! Score unlimited access to millions of books with the Scribd app. Bonus: *InStyle* readers get three months free. Visit scribd.com/redeem and enter code **instylebookclub** before July 30.



6. FOR MEDITATION

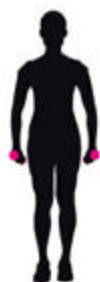
Mara Hoffman, swimwear guru, turns her attention to an athleisure line, splashing her feather print on bottles, yoga mats, and clothes to "inspire you to lift off."

Mara Hoffman x S'well 17 fl. oz. water bottle, \$42; swellbottle.com.

Rubber yoga mat, Mara Hoffman, \$98; marahoffman.com.

GO FOR THE RAISE

Boxing trainer Terry Claybon transformed Jake Gyllenhaal into a chiseled pugilist for *Southpaw*, out July 24, but this simple exercise can turn anyone into a knockout. "Do this and see results after about four workouts," says Claybon.



START HERE

Stand with your feet shoulder-width apart, knees slightly bent. Hold a 2½- to 5-pound weight in each hand.



STEP 1: LATERAL

Raise your arms to the side up to shoulder level. Keep palms facing forward. Slowly bring your arms back down to your side, keeping them as straight as possible.



STEP 2: FORWARD

Alternate lateral raises with forward ones. Bring arms straight in front of you, again, to shoulder level. Do three sets of 20 reps, three times a week.

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GREATEST HITS

The Rihanna Continuum

This season Rihanna takes to the road in one of the most highly anticipated stadium tours of the year. The star hasn't announced her entire itinerary yet, but more intriguing than her dates is which RiRi will appear: the polished diva or BBHMM all the way? Below, she shows off her range.

SNAG HER SHADES!
Metal sunglasses, Adam Selman for Le Specs, \$119; lespecs.com.



BE YOUR OWN TOUR GUIDE

Musicians got creative in naming the extravagant road shows they're taking around the world this summer. Can you match these concert titles with who will be rocking out onstage?



1 Iggy Azalea

A
The M Train Tour



2 Colbie Caillat & Christina Perri

B
Do America Tour



3 Kelly Clarkson

C
The Great Escape Tour



4 Nicki Minaj

D
The Piece by Piece Tour



5 Charli XCX & Jack Antonoff

E
The Girls Night Out, Boys Can Come Too Tour



6 Meghan Trainor

F
The Pinkprint Tour

ARTISTS

TOURS

Answers: 1=C, 2=E, 3=D, 4=F, 5=B, 6=A



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Rosé Colored Glasses

TGIRS! Thank goodness it's rosé season, that is! "This is the most playful wine and an instant mood booster," says Cappie Peete, beverage director of the James Beard Award-nominated McCrady's Restaurant in Charleston, S.C. Here, she reveals her new top five faves to keep you happily cheers-ing at events all summer long.



Your Picnic Punch

Tuck this **Mas de Daumas Gassac Guilhem Rosé** screwtop into your basket. "It's crisp, tart, and goes well with meat and cheese bites," says Peete. "It also smells like strawberry candy." \$7; saratogawine.com.

Your Hostess Gift

"The **Matthiasson Rosé** is fresh and dynamic," she says of the Napa-sourced blend of syrah, grenache, and a few other grape varieties. "It's versatile enough to complement whatever is on the menu." \$23; matthiasson.com.

Your All-Day Companion

Sip this refreshing baby at any time: **Villa Wolf Pinot Noir Rosé** is lower in alcohol than most, and its slight effervescence gives a "crisp, spritzy, thirst-quenching feeling," says Peete. \$10; villawolf.com.

Your Romantic Dinner Wine

Aromas of peach and pomegranate in this **Domaine Tempier Bandol Rosé** make it a friend of salads and seafoods. Plus, the grapes are from Provence, France, the original home of rosé. \$40; shop.kermitlynch.com.

Your Beach-Bonfire Treat

Darker and fuller-bodied than most rosés, this Italian **Bisson Ciliegiole Rosato** is as close to cozing up with a glass of red as you'll get without leaving rosé territory. \$19; heightschateau.com.

SUGGESTED PAIRINGS

By this time, the #yeswayrose hashtag has taken over your Insta feed. But why be so literal? Post your next toast-worthy snaps with one of these rosé-inspired accoutrements.



Cellulose acetate sunglasses, Garrett Leight California Optical, \$375; garrettleight.com.



Diamond and 14kt rose gold ring, Dana Rebecca Designs, \$1,100; dana-rebeccadesigns.com.

Topshop Beauty Matte Metallic Nails in Sixteen Candles, \$10; nordstrom.com.



Cotton twill tote, Yes Way Rosé, \$22; shop.yeswayrose.com.

Burberry Celebrates London in Los Angeles

AT THE GRIFFITH OBSERVATORY

THE SCENE For one night, at least, it was as if the Brits had taken Los Angeles. Past a lane of hanging Union Jacks and custom Buckingham Palace-style gates, more than 700 guests entered normally-off-limits-to-parties Griffith Park, which Burberry transformed into a mini London. Delights included a show with 50-plus looks, four music acts, and the runway debut of late-night host James Corden. "I now consider myself a professional," he joked. Après show, English "royalty" like the entire Beckham family and Anglophiles such as Rose Byrne and January Jones tucked into shepherd's pie, peered through telescopes, and took in cinematic views. Said Rachel Zoe, "I don't know how you top this." —**KWALA MANDEL**



"I'm getting homesick with all the British references here. But the best place to be, if you are from London, is L.A. on a nice, warm night."
—**KATE BECKINSALE** in Burberry



A group of 1st Battalion Grenadier Guards, on loan from Buckingham Palace, led guests to the garden party as London scenes were projected on the Observatory walls behind them.



"Since becoming a mom, I look for anything [to wear] that's upchuck-proof. This is it for me tonight: comfortable and easy. I feel sophisticated."
—**MILA KUNIS** in Burberry



"I love the way this dress shows my belly. Women should use their pregnancy to wear something tighter and try more sheer because you don't have to suck in."
—**JAIME KING** with **MICHELLE MONAGHAN**, both in Burberry



ROSIE HUNTINGTON-WHITELEY and **RACHEL ZOE**, both in Burberry



Romeo Beckham photo-bomb
Brooklyn represents!
"My kids have their own thing going on [with their style]. I let them express themselves, and they've got good taste."
—**VICTORIA BECKHAM**, in Victoria Beckham, with **CARA DELEVINGNE**, in Burberry



That's AF, as in our EIC, Ariel Foxman!

PLAID VALUE!

Every front-row attendee took home a personalized cashmere scarf. "One of the guards asked me for mine," said Naomi Campbell, "and because he had the balls to ask me, I just had to give it to him."

5 ASCENT GUM

AN INTENSIFYING WINTERMINT



STIMULATE YOUR SENSES



the Look

by ERIC WILSON



FINISHING TOUCHES

CUFF AND PUFF

Classic diamond and platinum rings sparkle alongside Elsa Peretti's sensually curved ruthenium Bone cuffs (originally designed in the '70s), all from **Tiffany & Co.**

BEST DRESS

MICHELLE MONAGHAN
in Prabal Gurung

A red-hot take on black tie, with its cummerbund-like sash, this fluid garnet-hued bustier gown from the designer's fall collection was the big news at this year's White House Correspondents' Association Dinner. "Michelle really exuded an old-world elegance," Gurung says. "And she did so in such an effortless way, which made her even more striking."

ALL HEART

Who ♥s You More?

Some people wear their hearts on their sleeves. And some wear them on their pants, on their bags, or on their shoes. Well, there's more than enough love to go around with this emoji-worthy trend that is winning tickers everywhere.



MILEY CYRUS
in Schiaparelli
Haute Couture
with a Judith
Leiber Couture
clutch



PIXIE LOTT
in a Christopher Kane skirt
with a Moschino bag



TAYLOR SWIFT
in an Autumn Cashmere top
with a Roger Vivier bag



Christian
Louboutin
pumps have
heart and
sole.

GWYNETH PALTROW
in Victoria Beckham

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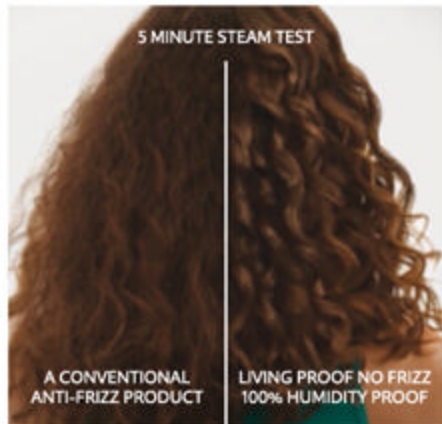
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GOLD BONDS

Chastity Chic

Shiny metallic belts add a touch of modernity to any outfit. At once as tough as armor and as sensual as a piece of jewelry, these bands of gold lend an almost perverse duality to otherwise minimalist ensembles.



ROSE BYRNE
in Lanvin



NATHALIE EMMANUEL
in Mugler



NICOLE SCHERZINGER
in Galia Lahav



ELISHA CUTHBERT
in Vatanika

“when it heats up, I like to stay cool with my
peach side babe.”

Essie



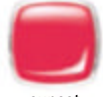
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happy



pret-a-surfer

new
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Her 10 Best Ever!

SANDRA BULLOCK



10

"I felt so good in this dress," Bullock says of the softly pleated Grecian-style gown that she wore to the L.A. premiere of *Premonition*. "**Lanvin** just seems to get it right all the time." (2007)



9

"Sandra looks gorgeous in a sharp silhouette," says designer **Alex Perry** of the star at the Palm Springs Film Festival. "This one is ladylike, but the clashing colors make it fun." (2014)



8

Bullock dazzled at the Oscars thanks to a million dollars in **Harry Winston** diamonds, a vintage **Swarovski** clutch, and a lace **Elie Saab Haute Couture** dress, which took a month and a half to make. (2013)



7

J. Mendel's Gilles Mendel dreamed up the gown with a "modern-day siren in mind," Mendel says. Bullock fit the bill. "She is sophisticated and every inch the iconic movie star." (2013)



6

Perhaps purple is her lucky hue. After three previous noms, Bullock scored her first Golden Globe (for *The Blind Side*) in a wispy chiffon **Bottega Veneta** gown complemented with gray diamond drop earrings and a 10-carat cocktail ring by **Lorraine Schwartz**. (2010)

With more than two decades' experience owning the red carpet, Sandra Bullock has a style all her own. The star of *Minions* (who turns 51 this month) forgoes trends, preferring classically beautiful silhouettes that are never fussy and a confident color palette that still manages to surprise. "There's a lot of range to her choices, but nothing overwhelms her," says Gilles Mendel, a go-to designer of the actress. "She dresses like someone who knows herself. That is why it looks simply effortless."

5

When Bullock won the Oscar for *The Blind Side*, wearing this elegant **Marchesa** look, designers Georgina Chapman and Keren Craig recall feeling "exhilarated." Us too. The embroidered illusion bodice and beaded skirt are the epitome of glamour. (2010)

ORIGINAL SKETCH



4

At the People's Choice Awards she seriously cleaned up (taking home four) but looked playful in **Peter Pilotto's** floral asymmetrical dress paired with **Kurt Geiger** heels. (2014)

3

In a bespoke **Lanvin** gown at the SAG Awards, she was radiant in rich emerald lamé and a plethora of gold accessories. (2014)

2

The secret to those long, lean legs? Body by Simone workouts five days a week and, at the London Film Festival, a lace **Stella McCartney** mini and 5-inch **Charlotte Olympia** pumps to show them off. (2013)

OUR FAVORITE

1

Bullock didn't lay eyes on this custom-draped **Alexander McQueen** stunner until the day before the Oscars. "McQueen is edgy, classic, and well constructed," said the best actress nominee for *Gravity*. "It was worth the wait." A **Lorraine Schwartz** diamond ear cuff balanced her soft side-swept curls. (2014)



ask DIANE VON FURSTENBERG

Love is life. **Weddings** are the ultimate celebration of this phrase, which has become my mantra. A marriage brings friends and relatives together to form new memories, so don't waste time feeling anxious about what to wear for such a happy occasion. Like any other day, it's all about confidence. Find something comfortable so you can focus your energy on what matters most: celebrating love.

Diane von Furstenberg



Q I'm always chilly when indoor venues blast the air-conditioning. What's a chic cover-up that works with a formal dress?

—DIANA D., SARASOTA, FLA.

A During the summer months, carry a silk scarf. Something with a bold color or print will make a statement, and you can throw it over your shoulders if you get cold. Plus, you can fold a light scarf into a small square that fits in your purse.

Q I'm in my 50s, and my son is getting married. I want to look stunning but age-appropriate for the wedding. Any suggestions?

—KAREN B., HICKSVILLE, N.Y.

A My favorite silhouette for evening is a tunic dress. It's not too revealing, but it does allow you to show off your legs. I love our embellished Harriet style (\$798; dvf.com)—it's sophisticated but still sexy. Just add a few bangles and some heels.



MIRANDA KERR
in Diane von Furstenberg

Q I'm going to an informal beach wedding. How casual can I be without looking too dressed down?

—TARA S., CHARLESTON, S.C.

A A long dress made out of lightweight chiffon is a safe bet for a low-key outdoor setting. Pair with flat, Grecian-inspired strappy sandals.

Q I plan to spend most of the night on the dance floor. What heels do you recommend for comfort?

—KATHLEEN M., BOSTON

A Wedges are an effortless way to have some height and still be comfortable. I also find Christian Louboutin pumps easy to wear for long stretches.

Submit
your questions
for DVF
at instyle.com/askdvf

Dare to Go Off Registry

"The Elder Statesman uses the most luxurious cashmere. This pillow is perfect for any sofa."
Cashmere pillow, the Elder Statesman, \$780; elder-statesman.com.



"A teapot makes a great gift when you add a personal touch, like an assortment of teas you've purchased on your travels."

Borosilicate glass teapot, Wilhelm Wagenfeld, \$150; momastore.org.

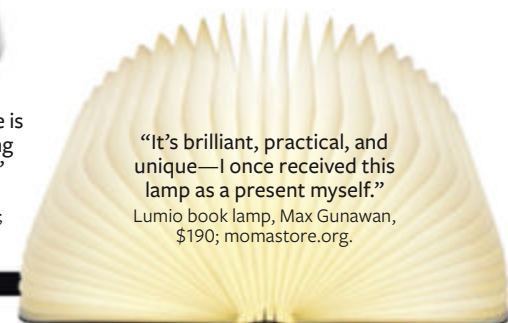


"A Murano glass vase is a simple way to bring color into a space."

Murano glass vase, Nason Moretti, \$250; abchome.com.



"You can never have too many trays. They're useful for organizing a new home."
Shagreen tray, Ginger Brown, \$475; barneys.com.



"It's brilliant, practical, and unique—I once received this lamp as a present myself."
Lumio book lamp, Max Gunawan, \$190; momastore.org.

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LOOK SMART

10 Ways Fashion Is Gonna SAVE THE WORLD

BY ERIC WILSON

Some day in the future, clothes will be as recyclable as paper or plastic. Leather will be grown from bio-printed tissue cells causing no harm to animals. Organic cotton will be the norm rather than a novelty in the green movement. While scientists are just beginning to dream up new methods to make clothes that do less damage, many designers are recognizing today that they have a responsibility as well to make changes that will have a positive impact. Some are creating sustainable solutions in ways you might never have guessed, as illustrated by these examples of fashion fixes that are as simple, and surprisingly as effective, as changing a lightbulb.

Faux-leather platforms, Stella McCartney, \$1,080; at Stella McCartney, 212-255-1556.



1 Stella McCartney is at the vanguard of eco-fashion, hiring an electric company that provides wind energy to power her London stores. The floors in all her shops are made of certified-sustainable wood, and so are the platforms on these sneakers for fall. Even the rubber soles are derived from renewable resources.

2 Marni celebrated its 20th anniversary with a series of pop-up markets offering such non-fashion fare as fresh flowers and whimsical garden designs, like delightfully shaped wire sculptures (below), to benefit charities. The last stop, during Milan's design fair, featured wicker baskets and stools handmade by Colombian artisans.



3 Svilu designers Britt Cosgrove and Marina Polo make leftovers look appetizing by using any remaining fabric from one season as the pocket linings and trims for the next. So a swatch of striped cotton from a spring dress (above left) became part of a fall sweatshirt (above right, \$345; yoox.com).

4 Study NY designer Tara St. James sews beautiful quilts using scraps from her Brooklyn studio in her spare time, but it took her a year to complete just a few. She recently connected with Weaving Hand, a healing arts center that teaches traditional craft techniques, to make a sweatshirt (\$445; study-ny.com) that gives new life to fabrics that otherwise would have gone in the trash.





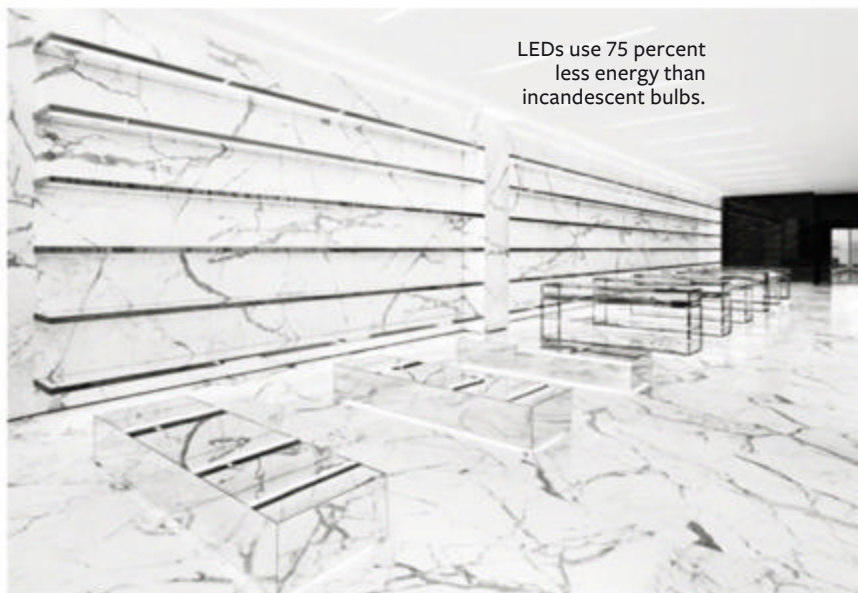
FALL 2015

5 Maria Cornejo, a member of the Council of Fashion Designers of America's sustainability committee, advocates design choices for her Zero + Maria Cornejo label that reduce the need to transport fabrics around the world for trims and embroideries during production. "You have to keep the process as simple as possible," she says. She avoids traditional closures on most of her designs, for instance: "Because you really don't know where those buttons are coming from," she says.

6 Louis Vuitton honey? As part of a study to prove that bees in urban environments are healthier because they are exposed to fewer pesticides, the company has been producing small batches collected from hives on the sixth-floor terrace of its Paris headquarters since 2009. Alas, the honey goes to friends and family and isn't for sale.



10 Patagonia's responsible-sourcing program has covered Merino wool, recycled fabrics, and even bio-rubber wet suits. Its latest endeavor, though, is food: Patagonia Provisions offers packaged delicacies like this 6-ounce serving of wild salmon (from fisheries with abundant supplies) that is perfect for a camping trip or even a lunch break during Fashion Week. New this summer—bison jerky.



LEDs use 75 percent less energy than incandescent bulbs.

7 Saint Laurent designer Hedi Slimane introduced a store design that saves energy by using LED bulbs. It helps that the surgically bright glow perfectly reflects his vision for the house, but the initiative was also important to the company's corporate parent, **Kering**, which aims to establish a new standard for environmental accountability among all its brands.

8 Pikolinos, a Spanish shoe label, started its Maasai Project in 2009 with a few company-designed patterns that were hand-embroidered by tribeswomen in Kenya and Tanzania. The sandals proved so popular that hundreds of the artisans now contribute their own designs, which are more reflective of their traditions and culture.

Embellished calfskin sandals, Pikolinos, \$250; pikolinos.com.



9 Parsons School of Design's new dean of fashion, Burak Cakmak, is a great example for the next generation of designers. The former vice president of corporate responsibility at Swarovski Group promises to incorporate sustainability into all areas of the curriculum. It's never too early to start thinking green.

IN BRIEF

SUSTAINABLE
Beyond celebrating eco-fashion just on Earth Day, designers are making the environment a year-round priority.

FASHIONABLE
More consumers want to know how their clothes are made, and they spend accordingly.

COMMENDABLE
Setting a high bar for transparency, H&M and Kering are pulling back the curtain on their production.

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MATCHING SET

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Get It Right

We know what you're thinking. The last time you wore coordinated separates you were 5 years old, and they were covered in hearts. Not anymore—these dynamic duos are shaping up to be the stars of summer, updated in streamlined silhouettes and sophisticated prints. For sunset drinks, a floaty tea-length skirt gets a cool-girl twist with a ruffled cropped top. If you've got a casual brunch on your iCal, team a striped shorts suit with clean white sneakers. And the best part? Each piece can also stand alone, making these the ultimate twofer!

Rayon-blend top (\$295) and skirt (\$450), Tibi; tibi.com.



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your LOOK MATCHING SET



Cotton-linen top (\$275) and shorts (\$235), Rachel Zoe; revolveclothing.com.



Cotton top (\$110) and skirt (\$138), dRA; draclothing.com.



Nylon-embroidered polyester top (\$89) and skirt (\$99), 424 Fifth; lordandtaylor.com.



For a subtle take on the trend, go for tone-on-tone romantic florals.



Cotton-blend top (\$345) and shorts (\$395), Kaelen; kaelennyc.com.



Paisley accents give masculine pinstripes a girlie touch. Just add flat sandals and go!



Cotton top and skirt, English Factory, \$59 each; pixiemarket.com.



Embellished acetate-blend top (\$695) and skirt (\$895), Mother of Pearl; net-a-porter.com.



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CHEVROLET 

A hand with red-painted nails is pouring Dasani sparkling water from a blue and white can into a clear glass. The can is tilted, and a stream of water with visible bubbles is pouring out. A lime wedge is perched on the rim of the glass. The background is white.

hello sparkle

share how you make
a moment sparkle
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DASANI
sparkling

INSTANT STYLE

FRESH PRINTS

Embrace the carefree spirit of summer and let loose with playful patterns that are as fun as your sunny-day plans

Statement Stripes

SUNGLASSES

Metal, Velvet Eyewear, \$185; velveteyewear.com.



DRESS

Viscose-elastane, Zara, \$100; zara.com.

WATCH

Stainless steel with leather strap, A/X Armani Exchange, \$140; armaniexchange.com.

WATER

Viscose, Sonia by Sonia Rykiel, \$270; at Bloomingdale's.

OVERSIZE SHIRT

Cotton, H&M, \$30; hm.com.

SUNGLASSES

Acetate, Komono, \$60; at Azalea, 415-861-9888.



CLUTCH

Leather, Joanna Maxham, \$325; joannamaxham.com.



SKIRT

Cotton, DKNY, \$295; dknyc.com.

SNEAKERS

Cotton canvas, Superga, \$65; superga-usa.com.



WHY IT WORKS

Bring nautical chic to the office with crisp navy and white, but steer clear of straight-up sailor territory with an artful mix of lines and a sharply cut silhouette. Tan leather touches feel summer-Friday-casual yet still pack polish.

WHY IT WORKS

Use the design to create a colorblock masterpiece. Start with a multihued skirt, and show off your styling skills by pairing it with complementary—not matching—saturated solids. Flashes of white prevent sensory overload.

Bold Leaf

TOP
Cotton sateen,
Kate Spade New
York, \$228;
katespade.com.

SUNGLASSES
Acetate,
Triwa, \$175;
triwa.com.

BRACELETS
Thread and
brass mesh
cord (\$165,
top) and
metallic bead
and rope
(\$95), Holst +
Lee; holst +
lee.com.

SKIRT
Polyester-
spandex,
Forever 21,
\$16; forever
21.com.

BAG
Polyamide-
knit blend, M
Missoni, \$395;
at M Missoni,
212-431-6500.

SANDALS
Jute and
leather,
SeaVees, \$128;
seavees.com.

WHY IT WORKS

This skirt has all the cheekiness of a Hawaiian shirt without any of the campy tourist undertones. Maintain the vacation vibe with a blousy off-the-shoulder top and a poppy macramé bag. The only thing missing is an ocean view.

SUNGLASSES
Metal and faux
leather, Fantaseyes,
\$22; fantas-
eyes.com.

SHELL
Polyester blend,
Opening Ceremony,
\$395; opening
ceremony.us.

BAG
Calfskin, Marc
by Marc Jacobs,
\$388; at Marc
by Marc Jacobs.

PANTS
Linen,
J. Crew,
\$98; jcrew
.com.

SANDALS
Suede and
leather,
Aldo, \$70;
aldoshoes
.com.

WHY IT WORKS

Florals not your thing? This lush motif provides a less girlie but still feminine substitute. Pull off a head-to-toe ensemble with panache by selecting streamlined shapes and grounding the look with olive block-heeled sandals.

Pastel Gingham



SUNGLASSES

Plastic, Tod's, \$275; at Tod's.



EARRINGS

Gold plate, Kelly Wearstler, \$245; kellywearstler.com.

NECKLACE

Gold plate, Kelly Wearstler, \$295; kellywearstler.com.

SHIRT

Cotton-silk, Band of Outsiders, \$385; at Band of Outsiders, 212-965-1313.

SKIRT

Viscose-wool, Maryam Nassir Zadeh, \$345; mnzstore.com.

BAG

Leather, Trademark, \$528; trade-mark.com.

MULES

Calfskin, Kate Spade New York, \$328; katespade.com.

WHY IT WORKS

A breezy summer dress is a seasonal staple, and this pretty number sets the tone for an idyllic afternoon spent under the sun. Choose add-ons that lend homespun charm, like a simple belt knotted at the waist and dusty blue sandals.

WHY IT WORKS

For the ladylike girl with a cool side: Sky-colored checks shed their sweetness balanced with earthy browns. Loosen up a stick-straight skirt with an airy shirt that telegraphs undone ease. A top-handle bag imparts retro *Mad Men*-era glamour.

BELT

Leather, B-low the Belt, \$105; b-lowthebelt.com.

CLUTCH

Embellished polyester-cotton and leather, Mother of Pearl, \$285; elizabeth-charles.com.

DRESS

Polyester, Maison Jules, \$90; macys.com. Available in sizes up to XXL.

SANDALS

Leather, Belle by Sigerson Morrison, \$225; bellenyc.com.

Sophisticated Southwest

SUNGLASSES

Acetate, Karl Lagerfeld, \$136; marchon.com for info.

SHIRT

Cotton, Everlane, \$45; everlane.com.

DRESS

Cotton, Melissa Nepton, \$425; melissa-nepton.com.

BRACELET

Thread, paint, and gold tone, Lydell NYC, \$28; lydellnyc.com.

SANDALS

Printed leather, Diane von Furstenberg, \$250; amazon.com.

BAG

Leather and suede, Furla, \$478; us.furla.com.

NECKLACE

Enamel and metal, Orly Genger by Jaclyn Mayer, \$180; jaclynmayer.com.

TOP

Cotton-polyester, Tibi, \$325; tibi.com.

SKIRT

Tweed, Tory Burch, \$495; net-a-porter.com.

BAG

Repurposed plastic with paracord handles, Verloop, \$187; verloopknits.com.

HEELS

Leather, Banana Republic, \$138; bananarepublic.com.

WHY IT WORKS

Think nothing's dreamier than a desert landscape? This dress comes close, pulling the hazy mood into sharp focus with suiting details. Opt for trendy flatforms over heels to temper the up-to-there hemline. (Bonus: You still get some height.)

WHY IT WORKS

Nothing catches the eye like an unexpected contrast, and this folkloric pencil skirt takes on a newfound edge teamed with an ultramodern top. Keep the creative tension going with a woven bag and minimalist sandals.

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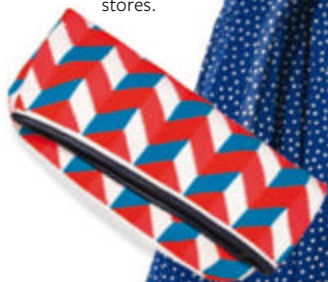


SUNGLASSES

Acetate and stainless steel, Spy, \$150; spyoptic.com.

CLUTCH

Cotton, Sophie Anderson, \$384; at select Barneys New York stores.



BELTED DRESS

Cotton, Apiece Apart, \$350; apieceapart.com.

BRACELETS

Cotton, Lurex, and gold dip, Aurélie Bidermann, \$120 (top) and \$170; at Aurélie Bidermann, 212-335-0604.

SANDALS

Leather, Gap, \$50; gap.com.



WHY IT WORKS

Play it coy on date night with a dress that's more flirty than fierce. Skip vampy extras and lighten things up with white sandals and a vibrant clutch that echoes a few bright bangles. Now all you need is a messy bun and glossy pink lips.



SUNGLASSES

Acetate, Steven Alan Optical, \$165; stevenalanoptical.com.

TOP

Viscose, See by Chloé, \$425; at Saks Fifth Avenue.

CUFF

Brass, Bisjoux, \$68; bisjoux.com.



SANDALS

Snakeskin and napa leather, Chelsea Paris, \$495; chelseaparis.com.



WHY IT WORKS

Minnie Mouse's go-to suddenly looks more mature in graphic black and white. A peplum top and tailored trousers have the dressy impact to easily transition from desk to drinks. Break up the white with blush accessories.



CLUTCH

Leather, Nine West, \$79; amazon.com.

PANTS

Rayon, Objects Without Meaning, \$395; at Need Supply, 804-355-4383.



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ASOS.COM

You might already shop here for killer clothing, but don't overlook the on-trend swim section. From '50s-style halters and high-waist briefs to plunging black maillots, there's room to play (with prices to match). Sizes: 14-24

CITYCHIC ONLINE.COM

This Aussie brand offers vibrant island prints and strategically slimming color-blocking. Looking for a cool cover-up? Try the sporty board shorts or laid-back caftans. Sizes: 14-24

LANDSEND.COM

Besides a smart selection of mix-and-match separates, the site has easy-to-navigate fit categories, like "enhance bust" or "flatten tummy." And if you're the active type, they've got some of the cutest rash guards around. Sizes: Up to 3X and 26W

Channel the high glam of the Riviera in a ruched number (with an amazing built-in bra). Gold accents look rich against the spectrum of Mediterranean blues.

Swimsuit Polyamide-elastane tankini top (\$82, 30-38 D-H) and bottom (\$36, L-3XL), Panache; herroom.com. **Bangle** Glass, resin, and gold tone, Carolee, \$65; carolee.com. **Tote** Recycled plastic, Truss, \$175; barneys.com. **Sunglasses** Plastic, Le Specs, \$60; shop.lespecs.com. **Sandals** Vachetta leather, Madewell, \$118; madewell.com.

This paisley two-piece exudes boho flair, while the generous cut allows you to get your water sports on. An oversize white shirt is a sleek and easy cover-up.

Shirt Cotton, Lauren Ralph Lauren, \$81 (1X-3X); ralphlauren.com. **Swimsuit** Polyamide-spandex bikini top (\$88, 0X-2X) and bottom (\$58, 0X-2X), Becca Etc by Rebecca Virtue; nordstrom.com. **Sunglasses** Acetate, Bevel, \$335; luxuryeyesite.com. **Cuffs** Reconstituted malachite and brass, Ann Taylor, \$35 each; annetaylor.com. **Bag** Cotton canvas and leather, L.L. Bean, \$99; llbean.com. **Sandals** Canvas, Tory Burch, \$135; toryburch.com.

Go from lounging to lunch in a gauzy ikat-print dress with luxe leather accessories. Choose a kaleidoscopic suit that's so cute, you won't mind if it peeks out.

Dress Polyester, BB Dakota, \$110 (1X-3X); available in July at heygorgeous.com. **Swimsuit** Nylon-spandex bikini top (\$72, 0X-3X) and bottom (\$72, 0X-3X), Jessica Simpson Collection; macys.com. **Jewelry** Gold-plated earrings (\$198), cuff (\$348), and ring (\$170), Gemma Redux; gemmaredux.com. **Belt** Faux leather, Jessica London, \$35 (14-28); fullbeauty.com. **Tote** Straw, Rebecca Minkoff, \$225; at Rebecca Minkoff, 212-677-7883. **Sandals** Leather, K. Jacques St Tropez, \$320; scoopnyc.com.



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Summer FLINGS

Don't commit to just one warm-weather look! Play the field with these standout scores—from sporty to sexy—at every price

NOTHING OVER
\$100



Sporty POP

Sweatshirt Polyester-elastane, ASOS, \$57; asos.com. **Bracelets** Braided nylon, Scosha, \$29 each; scosha.com. **Cross-body bag** Raffia, Armani Exchange, \$90; armaniexchange.com. **Sneakers** Cotton canvas, Superga, \$65; superga-usa.com. **Sunglasses** Solaflex, Traveler by Toms, \$68; americanrag.com. **Bikini** Polyester-spandex top (\$75) and bottom (\$55), Beach Riot; beachriot.com. **Skirt** Cotton, Zara, \$60; zara.com. **Shirt** Viscose-polyamide, Mango, \$50; mango.com.



Girly CHARM

Shirt Cotton, Madewell, \$88; madewell.com. **Cross-body bag** Polyurethane, Sunday Best for Aritzia, \$65; aritzia.com. **Pants** Polyester-spandex, Lulu's, \$37; lulus.com. **Sandals** Faux leather, H&M, \$50; hm.com. **Swimsuit** Nylon-spandex, Victoria's Secret, \$69; victoriasecret.com. **Shorts** Cotton, Bebe, \$89; bebe.com.

NOTHING OVER

\$300



Retro COOL

Sunglasses Acetate, Marc by Marc Jacobs, \$130; at Marc Jacobs. **Bikini** Cotton top (\$103) and bottom (\$73), She Made Me; shemademe.com.au. **Shirtdress** Cotton, Ann Taylor, \$129; anntaylor.com. **Tote** Vinyl, Orla Kiely, \$278; orlakiely.com. **Shorts** Rayon blend, Alice + Olivia by Stacey Bendet, \$245; alicelandolivia.com. **Sandals** Leather, Massimo Dutti, \$250; massimodutti.com. **Shirt** Cotton, Apiece Apart, \$240; apieceapart.com. **Vest** Cotton-nylon, Nanushka, \$288; shopexhibit.com.



Mediterranean CHIC

Matching set Embroidered cotton top (\$198) and skirt (\$228), Rebecca Minkoff; at Rebecca Minkoff, 866-838-6991. **Hat** Cotton, Rag & Bone, \$150; at Neiman Marcus. **Sandals** Calfskin, & Other Stories, \$135; stories.com. **Shorts** Cotton-polyester, REDValentino, \$275; redvalentino.com. **Tote** Recycled plastic, Truss, \$150; net-a-porter.com. **Bikini** Nylon-spandex top (\$108) and bottom (\$86), Mikoh; mikoh.com. **Scarf** Silk, Tory Burch, \$175; toryburch.com.

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Luxe BOHO

Top Sequined cotton and silk, Suno, \$395; at Bottega, 732-987-5350. **Sunglasses** Acetate, Balenciaga, \$450; saks.com. **Headband** Brass, Oscar de la Renta, \$495; at Oscar de la Renta. **Tote** Canvas and leather, Mansur Gavriel, \$475; mansurgavriel.com. **Swimsuit** Nylon-Lycra, Marysia Swim, \$315; marysiaswim.com. **Romper** Silk, Tory Burch, \$375; toryburch.com. **Culottes** Cotton, Caroline Constas, \$320; shopbop.com. **Espadrilles** Cotton, Stella McCartney, \$485; at select Saks Fifth Avenue stores.

Cheeky HIPSTER

Shirtdress Cotton-elastane, Sonia by Sonia Rykiel, \$400; at Bloomingdale's. **Bag** Printed napa leather, Opening Ceremony, \$465; openingceremony.us. **Sandals** Cotton, Charlotte Olympia, \$495; charlotteolympia.com. **Shorts** Cotton-elastane, DSquared2, \$485; dsquared2.com. **Cropped top** Cotton-silk, Mother of Pearl, \$450; net-a-porter.com. **Bikini** Polyester-nylon, Lisa Marie Fernandez, \$365; net-a-porter.com. **Sunglasses** Acetate, Chanel, \$350; at select Chanel boutiques. **Hat** Embroidered toyo paper-cotton with grosgrain band, Eugenia Kim, \$440; at Neiman Marcus. **Skirt** Rayon, A.L.C., \$375; at Neiman Marcus.



MONDAY DINNER



TUESDAY BREAKFAST



WEDNESDAY DINNER



THURSDAY LUNCH



FRIDAY SNACK



SATURDAY DINNER



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LINGERIE TRENDS

GIRLS' NIGHT

Don't be fooled. Frills and ruffles aren't always innocent. Wear 'em with a cheeky attitude and a retro wink for a subversive take on sweet



Cotton slip with lace trim, Loup Charmant, \$156; loupcharmant.com.

Cotton bralette (\$42) and hipster (\$28), Elizabeth Cotton; elizabethcotton.com.


Modal-knit romper with silk charmeuse trim, Morgan Lane, \$195; morgan-lane.com.

Silk camisole and shorts set (\$295) and eye mask (\$48), Olivia von Halle; saks.com.

Cotton-silk panties with polyester-blend trim, Stella McCartney Lingerie, \$195/7; net-a-porter.com.

MORE TO LOVE FROM ONE OF OUR FAVORITE LINES

Cosabella, the luxe brand known for bringing vibrant hues to pretty lace underpinnings, is now catering to women of all shapes with the launch of Extended. The six-piece collection features the same designs and colors as the core line but with bigger sizes (1X–3X), roomier cups (D–G), thicker straps, and stretchier waistbands.



Lace and mesh bra (\$106) and thong (\$27), Cosabella; cosabella.com.



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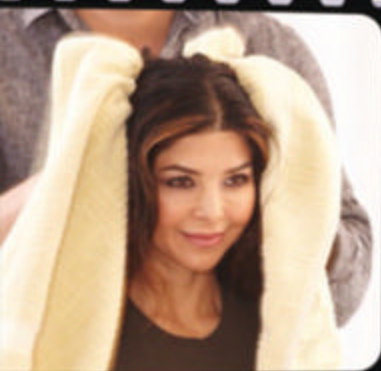
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Using the Silk Express Collection
from It's a 10 Haircare



1



2



3



4

STEP 1 MIRACLE SILK SHAMPOO

Silky, smooth hair starts in the shower. To create lustrous shine while enhancing manageability, massage throughout hair and rinse.

STEP 2 MIRACLE SILK HAIR MASK

With help from the collection's signature silk ingredient, eri, this mask instantly detangles hair, imparts silkiness and locks in moisture. Just work into hair for one to three minutes after shampooing, then rinse.

STEP 3 MIRACLE SILK CONDITIONER

This time-saver in a bottle will literally cut your drying time in half. For vibrant and voluminous hair, apply after mask all over hair then rinse thoroughly.

STEP 4 MIRACLE SILK SMOOTHING BALM

Detangle and lock in that silky look by applying this balm to wet hair after conditioning.

STEP 5 MIRACLE SILK LEAVE-IN

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STEP 6 MIRACLE SILK INTENSIVE HAND CREAM

For equally smooth and silky skin, massage this soothing cream into your hands to reveal a younger, healthier and more revitalized appearance.



5

6



To watch behind-the-scenes footage of how to create this look and more, visit ItsA10Haircare.com



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your LOOK

— The —
CELEBRITY GUIDE
to a Totally
Inspiring
Life

Whether it's the (affordable!) custom jeans Jessica Alba swears by or the green smoothie Jennifer Lopez sips each morning, we rounded up the tips and tricks that the summer's biggest stars rely on to take everyday experiences from OK to OMG.

Read on—your VIP access awaits

BY CHRISTINA SHANAHAN

ILLUSTRATED BY
GATTO BRAVO

JENNIFER LOPEZ

How to Jump-Start Your Day

C'mon, admit it: At one point or another, you've wondered exactly where that J. Lo glow comes from. We quizzed the singer and founder of health and fitness hub Bodylab.com on what gets her blood flowing.

What's the secret to boosting energy when you wake up? I have a crazy schedule, so it's crucial that I fuel my body with nutritious, yummy foods.

The first thing you eat or drink? I like to kick off my day with a high-protein smoothie. Would you believe that my kids love them too? It's one easy breakfast that we can all eat together.

Smoothie ingredients:

1 cup rice milk
1 handful spinach
1 frozen banana
2 tbsp chia seeds
2 heaping tsp sunflower butter
1 dry scoop BodyLab Vanilla Tasty Shake Complete Whey Protein Complex

Instructions:

Combine all ingredients in a blender.



Your go-to fitness move when you're pressed for time? Posture stretches are simple, effective, and easy to do anywhere—at home, at the gym, or at work. Good posture makes you look and feel confident, and it comes from having core strength.

BodyLab's essential posture routine:

Do a chest stretch with your back against an exercise ball. Then, lie on the floor with your back flat and your knees curled in for a trunk rotation stretch. Come up to your knees for a kneeling hip-flexor stretch. Hold each stretch for 30 seconds, then repeat three times.

GET IN SHAPE ON THE GO

See Lopez's favorite no-equipment-smoothie workouts and track your own progress by downloading the BodyLab app (free; available on iTunes).



BodyLab TastyShake, \$22; bodylab.com.



JESSICA ALBA



How to Go Green

In between dominating the street-style scene and starring opposite Adrian Grenier in the *Entourage* movie, the founder of the Honest Company (and mom to cuties Honor, 7, and Haven, 3) is about to check something else off her summer to-do list: helping you decrease your carbon footprint.

What should you prioritize when switching the products in your home to organic? Definitely your beauty regimen. Those products are absorbed through your skin, so they go directly into your system. Since your skin is your biggest organ, start by transitioning over to cleansers and lotions with safe formulations.

How can you determine what's "safe" based on what it says on the labels?

Fragrance is a red flag because companies aren't required to list the toxic chemicals used in the processing. One such chemical, phthalate, can have negative effects on reproductive health.

What's one common yet potentially harmful ingredient that would surprise us? Watch out for talc—in both baby powder and dry shampoo—because it has been linked to respiratory illness.

What's your go-to beauty brand? I'm a fan of John

Masters Organics. The shampoo, conditioner, pomade, and hair wax help give my locks an effortless, beachy look.

Any organic products that you use for your kids but also steal for yourself?

The Honest Organic Healing Balm is a multi-purpose product in my home. It can be used on diaper rash, but I also use it for moisturizing my cuticles and taming unruly brows.



The Honest Co. Organic Healing Balm, \$13; honest.com.

When decorating your home, how do you balance style with sustainability? Buying vintage is a great way to avoid contributing additional waste to the environment. Plus, older pieces don't contain some of the toxic chemicals and flame retardant materials that have been used to make furniture in recent years. [Avoid lead paint hazards by ensuring painted surfaces are intact on any pre-1978 pieces.]



Cashmere sweater, Everlane, \$128; everlane.com.

Skinny jeans, Re/Done, \$246; shopredone.com.

Leather tote, Cuyana, \$150; cuyana.com.

I get lost browsing Chairish.com and 1stdibs.com. I wish I had more rooms to decorate with all my finds.

Your outfits are always on point. We're dying to know what eco-friendly lines are on your radar! I'm obsessed with Re/Done, an L.A. brand that breathes new life into vintage Levi's. Each piece is custom-tailored for a perfect fit. Everlane does an awesome job of making modern basics,

and the designers are completely eco-conscious about every step of their production process. I also love reusable Baggu pouches for keeping my suitcase organized when I travel—my bags are always filled with even more bags.

ATTENTION-GRABBING BAUBLES

Gold-plated eco-brass necklace with glass crystals, Passiana, \$199; passiana.com.

er LOOK



MEGHAN TRAINOR

How to Flatter Your Curves

She belted out the unofficial booty anthem, "All About That Bass," and now she's joining forces with FullBeauty Brands as a spokesperson for plus-size fashion. Here, the pop star explains how she plays up her killer curves.

Who are your style inspirations? Marilyn Monroe, Lana Del Rey, and Rihanna. They own their style by dressing to celebrate rather than downplay their figures.

What's your booty-flattering secret weapon? A pencil skirt is the quickest way to fake a banger bum. It creates a defined silhouette. Alice + Olivia's designs are my favorites.

Go-to swim style? Bustier tops by Swimsuits for All (available at fullbeauty.com) are supportive and curve-hugging—and provide some nice coverage.

How do your accessories play into figure flattery? Bold jewelry attracts attention, so I usually wear a sparkly necklace or earrings to draw the eye upward, in a vertical line.

My parents are jewelers, so I learned from them, and I also love the pieces by Passiana.

**CHRISTY
TURLINGTON
BURNS**



How to Go the Distance

If your idea of a marathon consists of a weekend-long Netflix binge, then it just might be time for a little fit-spiration. Turlington Burns, runner, philanthropist, and Every Mother Counts founder, knows what it takes to get your butt off the couch and through the finish line.

Is there one thing you wish you had known while prepping for your first race?

It's crucial to integrate other kinds of strength training from the start. Distance running alone, as great as it feels, is not the healthiest thing for your body. You will be less prone to injury if you cross-train.

What is the best alternate workout?

I always recommend yoga. It's the antidote to running because you're stretching the muscles versus constricting them. Having good posture, a strong core, and an open chest will help you to build up distance in race training.

The most important lesson you've learned from competing in multiple marathons? Listen to your body. When things aren't feeling right, it's not a matter of running through them. Sometimes it's a change of posture or shoes, or just being conscious of the way your foot strikes the ground.

How do you know when you've found the right balance? When your breathing isn't labored and you can talk mid-run without feeling exhausted.

What gear do you rely on for long runs?

I have a favorite sock brand named Balega, and I've worn Brooks sneakers for most of my races. For clothing, I never race in brand-new apparel because those raw, unwashed fabrics can cause chafing and skin irritation.

Products that you use beforehand?

Bioderma sunscreen got me through the London Marathon. It smells delicious, and it comes in a convenient travel size.

Your race day essential? I used the Apple Watch to monitor my pace. It came in

PureConnect
4 sneakers,
Brooks,
\$100; brooks
running.com.



handy on non-race days too because the three activity rings on the device show you how much of the day you spend walking, working out, and standing. It's a good reminder to keep active throughout the day, even if I finished my workout first thing in the morning.

What's the toughest part of the race, and how do you stay motivated?

The last 5 miles are rough because during training, you typically don't run more than 21 miles. I race for a cause—to raise funds for women to have access to maternal health care—so during those final miles, I think back on the people I've met who benefit from this care. It keeps me going to know that every step that I'm out there, I'm helping to bring more awareness.



BELLA THORNE

How to Save Face on Social Media

#SorryNotSorry: With four million followers on Instagram and more than six million on Twitter, there's a good chance the sassy redheaded actress is blowing up your feeds. Here's how she keeps the haters at bay, one hashtag at a time.

What do you avoid tweeting? I'm a sarcastic person, but I steer clear of dry humor in my posts because it gets misconstrued so easily.

How do you keep from losing followers?

Interaction is the most important thing. I send videos to my followers, chat back and forth with them, and DM them if I see something interesting.

What type of fan post will get you to respond?

Humor. A photo of an animal doing something ridiculous or a funny quote.

What's the social media equivalent of a butt dial?

Accidentally posting something to a Snapchat story when you meant to just share it with one contact. The icons look

similar, so it can easily happen. That would be a good scenario for use of the cringing-face emoji.

How do you deal with people leaving negative comments on your posts?

By pointing out their spelling errors. There's nothing funnier than someone trying to dis you but spelling it wrong. I'm dyslexic, so if I'm correcting your spelling, then you've got a problem.

Say you want to share a group shot, but it's not your personal best. Any

LAUREN
CONRAD

How to Be a Laid-Back Bride



Ah, wedding season. When it's time to plan your own bash, don't let the pressure to perform turn you into a checklist-wielding, order-barking bride. Paper Crown Bridesmaids designer Lauren Conrad spills her secrets for staying chill as the big day approaches—no Xanax required.

What's the best thing you can do for your bridesmaids? Everybody has a different style and a different body type, so there's no way all the girls will feel comfortable wearing the same thing. Choose one color and material, and let them pick their own styles so that everyone feels their most beautiful on your big day.

Is there something you wish you had known about wedding planning before you got engaged? You can't control everything, and you definitely can't control the best man's toast. There are always some

hiccups during those speeches, and they tend to go on for a little too long. At my wedding, two of our groomsmen did a speech that lasted 27 minutes. I loved it, but I know people seated in the back were motioning for them to wrap it up.

Any tips for adding personal touches to your décor? Do not attempt to DIY anything that will require work on the day of. Instead, opt for something simple that you can do in advance. I collected an eclectic mix of glass vases and candlesticks from eBay and flea markets to display on the tables at my reception. I had fun doing it—and never had to pick up a glue gun.

A no-fail gift for your bridesmaids? Put together a little box of personal pieces your friends will love. I gave my bridesmaids delicate Dana Rebecca necklaces, printed robes, matching jumpers, and vintage hankies embroidered with the first letter of each of their names.

What goes into crafting a solid wedding hashtag? Don't just combine your names. There's bound to be some other couple out there that shares your last names. Instead, choose something a bit more quirky so that you can keep your hashtag your own, like combining your nicknames or inserting an inside joke.

14kt yellow gold and white gold necklace, Dana Rebecca Designs, \$275; danarebecca designs.com.



THE BRIDESMAID DRESS YOU'LL ACTUALLY WEAR AGAIN
Polyester dress, Paper Crown, \$275; nordstrom.com.

photo-editing tricks?

I prefer the iPhone's effects over the ones native to Instagram: The Instant filter salvages the most dismal snaps by brightening them up. Download the Afterlight and Word Swag apps to enhance pics and add text.

Biggest Twitter foul? If you're trying to join the conversation about something happening in the news, don't go on a personal rant. Just share the link with a quick description. You'll attract more followers that way.



Apple Watch Sport, \$349; apple.com.



Nylon and spandex leggings, Parklife for Aritzia, \$45; aritzia.com.



Cotton and spandex bra, Parklife for Aritzia, \$28; aritzia.com.





ELLEN DEGENERES

How to Make Your Home into a Haven



From staging dance-offs with FLOTUS to taking star-studded Oscar selfies, the talk show host extraordinaire obviously has a way of putting peeps at ease. But her true passion is making guests comfortable in her home.

"Design is what I lie awake thinking about at night," says DeGeneres, who is introducing ED, her first collection of home accessories and apparel (named after wife Portia de Rossi's nickname for her).

What's your decorating mantra? Don't take yourself too seriously. Portia and I incorporate everything we love into our décor: animals, whimsy, and humor. I appreciate something that is a little kitschy and funny without sacrificing style.

What's a good thing for a couple to invest in together? Items from your travels. I buy a lot of really old portraits of animals when I go to Paris and flea markets. We've always collected those things, along with bronze trinkets of dogs.

How do you solve decorating conundrums? Take yourselves out of the equation and think about what makes sense when you entertain. For example, think about arranging furniture based on where everyone will be

facing if the room is full, and then decide what would give off the best energy. Obviously you're not going to face the sofa to the wall, unless you're *really* a shy person.

What was your first home splurge? A Jean Royère sofa, which I got about 12 years ago. Timeless key pieces of furniture are always worth investing in.

Where can you get away with spending less? Save on accessories. Add affordable pillows and throws in bright colors or prints to brighten up a space. Or even a graphic lamp—it's going to give off the same amount of light as an expensive one!

Is there an ED piece that you multipurpose? Linen throw blankets. They are soft enough to use inside but durable enough for the beach or grass. You should probably keep your dishes and bowls in the kitchen, where they belong, unless you plan to play high-stakes Frisbee.



Ink stripe place mat (\$75/4), ceramic leaf plate (\$135/4), ivory stripe napkin (\$65/4), and ceramic water pitcher and cup set (\$75), ED; edbyellen.com.



BEYONCÉ KNOWLES

How to Go Vegan (without kissing your guilty pleasures good-bye)

It's no small feat for a born-and-bred Texan to ditch BBQ faves (we're looking at you, ribs) for a strict, plant-based meal plan—just ask Bey. After a successful diet reboot, the singer teamed up with her longtime nutritionist and *The 22-Day Revolution* author Marco Borges to launch the vegan meal delivery service 22 Days Nutrition.

What made you give veganism a try?

After having my daughter [Blue Ivy, 3], I made a conscious effort to regain control of my health and my body.

The biggest surprise about changing your diet?

I couldn't believe how much of our health we can control with food and that I could still love food, but this time it would love me back (like the walnut tacos you'll find in *The 22-Day Revolution*—oh my!).

For the taco "meat" (serves 4):

2 cups walnuts
1 tbsp cumin
1 tbsp coriander
2 tbsp balsamic vinegar
1 tbsp coconut aminos
Dash each of paprika, garlic powder, and ground pepper

For the garnish:

2 heads romaine lettuce
2 Hass avocados
½ pint cherry tomatoes
½ tbsp dried parsley flakes
Pinch of ground pepper and sea salt
1 lime

To prepare:

Combine all taco "meat" ingredients in a food processor. Pulse until crumbly, making sure not to over-blend. Spread the "meat" on the romaine leaves in 4 equal servings. Slice tomatoes in half. Slice avocados in half and remove pits. Peel skin and cut into small, even pieces. Garnish with avocado, tomatoes, parsley, ground pepper, sea salt, and lime juice.



THE 22-DAY REVOLUTION
by Marco Borges, Penguin Publishing Group, \$18; barnesandnoble.com.





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The Story of Edgar Sawtelle, by David Wroblewski, Ecco, \$26; eccobooks.com.

Fortunately, the Milk, by Neil Gaiman, HarperCollins, \$15; harpercollinschildrens.com.



OCTAVIA SPENCER

How to Score Points with Your Book Club

She won an Oscar for her role in the film adaptation of Kathryn Stockett's *The Help*. Next she'll star in the movie version of William P. Young's *The Shack*. To top it off, Spencer just released the second installment of the young adult mystery series she penned, *Randi Rhodes, Ninja Detective*. Take a cue from this book-club ace next time it's your turn to host.

What book got you hooked on participating in a book club? *The Story of Edgar Sawtelle*.

What's on your nightstand right now? I'm about to start *Fortunately, the Milk*, by Neil Gaiman, and *Wench*, by Dolen Perkins-Valdez.

What genre works best for group reading? Mystery. Everyone will have different theories and opinions, so there will never be a shortage of conversation.

Any tips on how to choose a book? Have each member of your club bring a few options from their personal libraries for consideration, then take a vote. The person who brought the winner

gets to reread a fave, and everyone else discovers a new title, not just one that's trendy at the moment.

An idea for décor based on the book theme? Take a paper tablecloth and stencil little quotes and affirmations from the book you read at each place setting. When guests take their napkins off the table, the stenciled sayings are revealed. It's a clever alternative to place cards.

How do you encourage thought-provoking conversations? Choose postcards reminiscent of the book's setting and write ad-lib prompts on each one for the group to complete. For example, "I'm unlike the protagonist in that I enjoy ____." It's like *Cards Against Humanity*, but less raunchy.



Vintage Wisconsin Map postcard, Etsy, \$5; lorasvintageshop.etsy.com. State of North Carolina postcard, Etsy, \$3; etsy.com/shop/thepaperclub.

JENNIFER GARNER



How to Step Up Your DIY Game

If you're one Pinterest fail away from having your party-planning duties revoked, take this easy advice from the actress and Save the Children ambassador. Her latest project? Collaborating with Jo-Ann Fabrics on *We Made It*, a line of do-it-yourself craft kits for kiddies.

Your biggest crafting accomplishment?

I once took an unused cabinet in our kitchen, and my daughters [Violet, 9, and Seraphina, 6] and I made it into a dollhouse so they could play while we cooked. We used colored paper to make rugs and wallpaper; then we bought some tiny furniture and made little people to live inside. Years later, they still play with it.

What supplies do you always stock in your house for impromptu projects?

Glitter, scissors, construction paper, glue, markers, ribbons, a hole puncher, a stapler, and tape. They can go a long way!

How do you turn ideas for projects into reality?

When something pops into your head, put it into motion as quickly as you can while you're still motivated. We wanted to decorate a tree outside of our house because we missed our holiday lights, so we ran to the store, bought fabrics, cut them into long strips, and nailed them to the trunk so it resembled a rainbow.

The lesson you've learned from doing projects with your kids?

The phrase I repeat to myself like a mantra is, It's fine! It's better to have it be messy and let your kid take ownership.

Have you had any epic craft disasters?

I recently sewed a little stuffed animal with my younger daughter that was meant to be a cat. We worked on it for days. When we finally finished, we realized we had forgotten one of its ears. She had a little cry; then we decided it has more personality this way.

One skill you want to teach your kids?

I want them to be comfortable using a needle and thread. I'm no pro, but I can sew on a button and do a hem, which has helped me on the fly many times.

Fascinators craft kit, *We Made It* by Jennifer Garner, \$25; joann.com.



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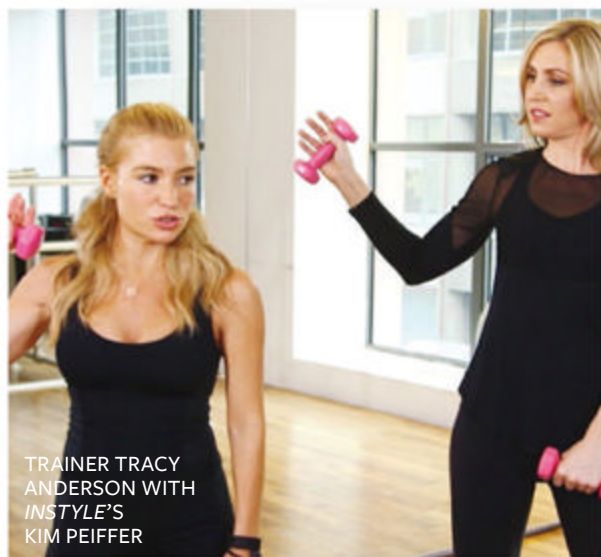


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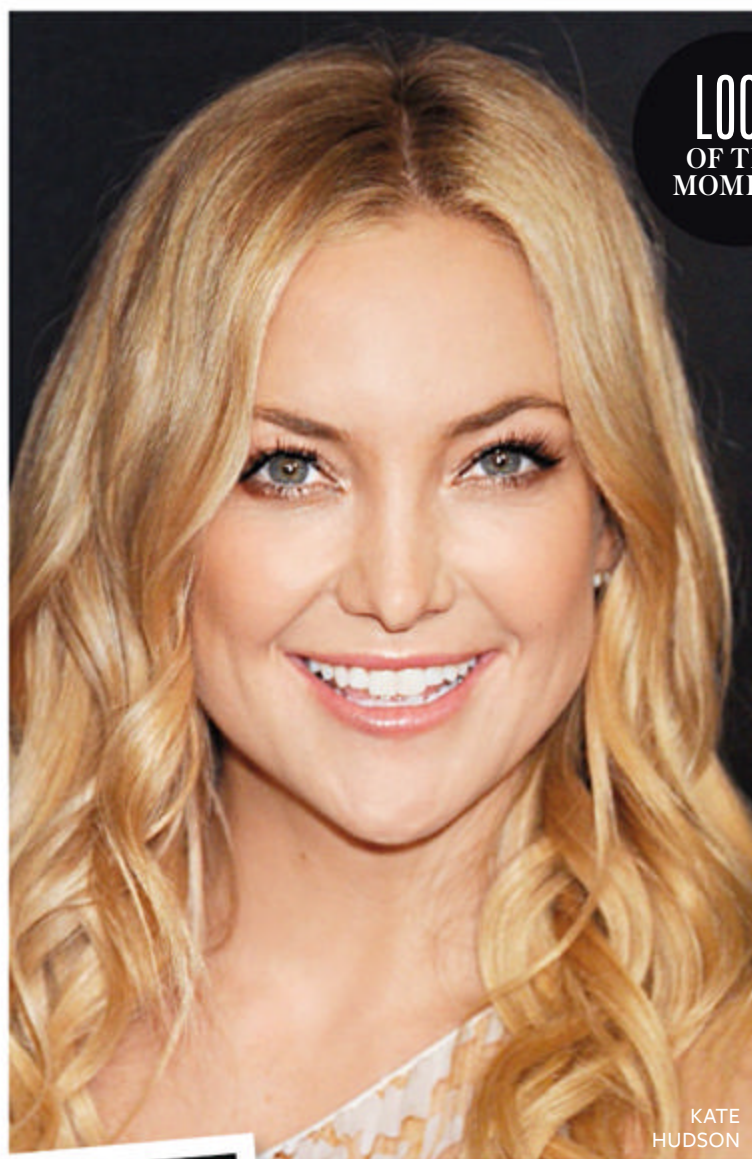
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BEAUTY



**LOOK
OF THE
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EYES

YSL Couture Palette No. 2 Fauves, \$60; yslbeautyus.com.

CHEEKS

Make Up For Ever HD Blush No. 225, \$26; sephora.com.

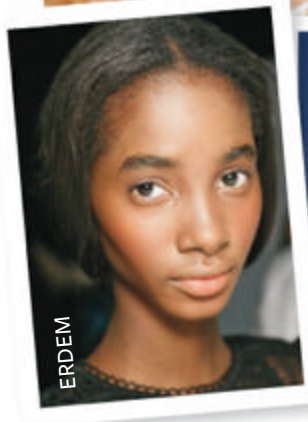
LIPS

Chanel Rouge Coco Shine Hydrating Sheer Lipshine in Satisfaction, \$36; macys.com.

TONE DEFT

If the denim-on-denim trend proves anything, it's that monochromatic looks are having a moment. Highlighting eyes, cheeks, and lips with shimmering hues in a color family similar to your complexion's creates "a warm, naturally radiant effect," says Kate Hudson's pro Melanie Inglessis-Phifer. Stick to creamy, shiny finishes on features "to give you luminosity without the glitter." And when picking a shade, remember that a variety of peaches are in season.

KATE HUDSON



ERDEM



LILY JAMES



JANUARY JONES



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BEAUTY TALK

Eva
Mendes

With Ryan Gosling by her side, the radiant actress is juggling motherhood, her own cosmetics brand, and life as a new face of Estée Lauder skin care with undeniable aplomb

Describe your beauty routine in one word.
Ritualistic.

How so? I love to be diligent about my routine every day, especially with my skin. I travel so much that I think it helps keep me grounded.

How do you find the time now with a newborn [Esmeralda]? Well, sometimes I do it at 4 A.M.! I'm no longer in control of my schedule, and I try to take advantage of the time when she's sleeping. I'm a very hands-on mom; I don't have a nanny. No matter how tired I am, I just do it.

I imagine you're adept at time management.
Oh, I'm quick: I wash my face, blend a little SPF with serum and foundation, swipe on some blush and lip balm, throw on my shades—done.

You also recently launched your own makeup collection, Circa, for Walgreens. I'm all about splurging when it comes to skin care, but I don't think women should have to spend a lot on color cosmetics. There's something for everyone in this collection—and it's affordable.

You're the face of Estée Lauder's new anti-aging skin-care line, New Dimension.

What made you want to be a part of it?

This product line truly celebrates the changes women go through with their skin. It's about naturally enhancing what you already have.

What are your thoughts on cosmetic surgery?
I don't judge. You know, 10 or 20 years from now, who knows what I think will be necessary for me? It's like, whatever it takes to make yourself feel good, I'm all for it. —KAHLANA BARFIELD ➤

ESTÉE
LAUDER NEW
DIMENSION
SERUM
\$89; estee
lauder.com.

“I use this serum morning and night, and I’m quite liberal with it. It hydrates so well, I don’t have to follow with moisturizer.”



Eva's MUST-HAVES



**DIPTYQUE
BAIES CANDLE**
“I’m loyal to this candle brand, and this scent, Baies, is incredibly fruity and floral without being overpowering.”
\$60/6.5 oz.;
nordstrom.com.



**ESTÉE
LAUDER NEW
DIMENSION
LIQUID TAPE**
“I’m a new mom and I’m sleep-deprived, so my eyes are my main focus. I dab this on and it instantly tightens.”
\$70; estee
lauder.com.



DR. BRONNER'S COCONUT OIL
“I’m on the coconut-oil bandwagon. I use it in my hair as a deep conditioner and also as a finishing product for shine.”
\$12; drbronner.com.



**CIRCA
ULTRASUEDE
CREAM BLUSH IN
PORTOFINO**
“My olive complexion can look sallow when I’m tired. This cream blush brings life and radiance back to my face.”
\$13; walgreens
.com.



**CIRCA HIGH DEFINITION
EYELINING PENCIL IN EBONY**
“I like to use this kohl pencil when I do a cat eye. It’s soft so you can give it a good smudge, which I always think looks sexy.”
\$9; walgreens.com.

CROWN JEWEL

When Mendes, 41, set up her personal Instagram account this year, the first picture she posted was one of her at age 3—rocking a hair accessory! The caption? “38 years later and still holding strong on the head wrap comeback.” We can dig it.



2009
“Oh my God, I look jet-lagged and tired! That’s a Dolce & Gabbana headband I’m wearing, and I actually still have it. This look was just fun and easy.”



2010
“I remember my hairstylist popped in that barrette at the last minute. It was a simple way to pull my hair back—plus, it opened up one side of my face.”



2011
“OK, there is way too much going on here. I completely missed the boat on this one, and I’m the first to say it. The hair accessory is fine, but that makeup is off.”



2014
“This needed some edge—I look a bit too sweet. You know, sometimes these things work, and other times they don’t. That’s the fun part about experimenting.”

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One Signature Style— 3 WAYS

There's no shame in having a hairstyle in heavy rotation. But what would be even better? Having a hat trick of tweaks to give it more than one life. We quizzed the pros behind these red-carpet stunners for their techniques

Reese's Black-Tie Ponytail

We love the juxtaposition of a casual hairstyle worn with an elegant ensemble. With just a few adjustments from Reese Witherspoon's stylist, Adir Abergel, your pony can rise to any occasion.



Beachy

This "gritty, deconstructed version looks cool because it's not overdone," Abergel says. Mist on texturizing spray before taking a flatiron to ends to give hair that slept-in vibe. Tie into a low pony.

GHD Eclipse Styler, \$245; sephora.com. Oribe Dry Texturizing Spray, \$42; oribe.com.



Polished

Prep hair with mousse and blow-dry. Make a side part, and gather into a ponytail. Leave out a slim section before fastening with an elastic. Wrap that piece around the base, and pin in place.

John Frieda Luxurious Volume Mousse, \$10; ulta.com. Mia Beauty Tonytail in Blonde, \$8; at CVS.



Retro Glam

The voluminous '60s style "has really clean lines." First, make a side part. Separate and tease hair at the crown. Brush over the top of the section, and then fasten strands together at the nape. "Mist a sponge with shine spray, and run it over the top of the hair for a smooth finish."

L'Oréal Paris Smoother Serum Spray, \$5; lorealparisusa.com.



HER QUICK- CHANGE ARTIST



ADIR ABERGEL

@hairbyadir

Red-Carpet Regulars

For young stars like Jennifer Lawrence, Rooney Mara, and Kristen Stewart, working with Abergel has practically been a rite of passage.

His Go-To Product

John Frieda Frizz Ease Frizz-Immunity Primer "creates a smooth foundation."

7 More Looks Here!

Follow one editor as she spins her go-to hairstyle a different way every day for a week at instyle.com/signaturestyle

Rihanna's High Bun

Whether strands are freshly washed or three days deep into a blowout, pinning them into a chignon will always serve up the glamour. Rihanna's stylist, Yusef Williams, shows you how to twist it.



Neat

Flat-iron strands and coat them with oil for shine. Tightly wind them back at the center of the head, and pin. "Pulling out a few wisps on top and on the sides gives the look movement," he says.

Rich Hair Care Rejuvenating Argan Oil Elixir, \$19; richhaircare.com.



Full

"The height here adds drama," says Williams. To get the look, he clipped in an extension before pulling strands into a high pony and winding the tail loosely around the elastic. Running pomade along the hairline tames flyaways.

Matrix StyleLink OverAchiever, \$18; matrix.com.



Tousled

Apply a texturizing spray to get a disheveled texture. If you have bangs, blow them out so they fall around either side of the face. Then gather hair into a soft, messy bun. "Pin it into place without overthinking it," he says.

Matrix StyleLink Texture Builder, \$18; matrix.com.



HER QUICK-CHANGE ARTIST



YUSEF WILLIAMS

@yusef
hairnyc

Red-Carpet Regulars

Though styling RiRi is nearly a full-time job, Williams has also worked with Coco Rocha and Kerry Washington.

His Go-To Product

Williams calls Oribe Dry Texturizing Spray "the messiah of hairstylers—a combination of dry shampoo, hairspray, and volumizer."

Keira's Loose Waves

After unplugging your curling iron, go the extra style mile with tips from Keira Knightley's pro, Ben Skervin.

HER QUICK-CHANGE ARTIST



BEN SKERVIN

@benskervin

Red-Carpet Regulars

Don't be surprised to spot Jennifer Garner or Olivia Wilde popping up on his Instagram feed.

His Go-To Product

Skervin offers high marks to Bumble and Bumble Thickening Spray for its ability to give hair "a cool, lived-in look."



Refined

Wrap 2-inch sections of hair around a 1½-inch barrel. Run a paddle brush gently through curls to soften. Secure one side behind the ear with a dollop of molding paste.

Kiehl's Malleable Molding Paste, \$17; kiehl.com. GHD Curl Classic Wave Wand, \$245; sephora.com.



Half Back

Wrap hair around a curling wand to make loose bends. Pull back a section behind each ear, and join them in back with a bobby pin. Mist the length with texturizing spray, and scrunch for "a deconstructed feel," says Skervin.

Oribe Dry Texturizing Spray, \$42; oribe.com.



Adorned

Create soft, round waves with an iron. Set a similar headband atop the crown, then pin strands over the band so the jeweled piece "looks like it's floating in the hair." Set with hairspray.

L. Erickson Crystal Square Flower Headband, \$34; franceluxe.com. Fekkai Sheer Hold Hairspray, \$20; fekkai.com.



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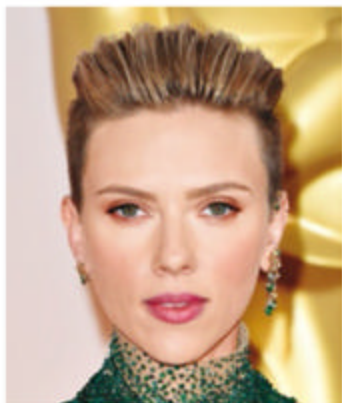
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Scarlett's Long Pixie

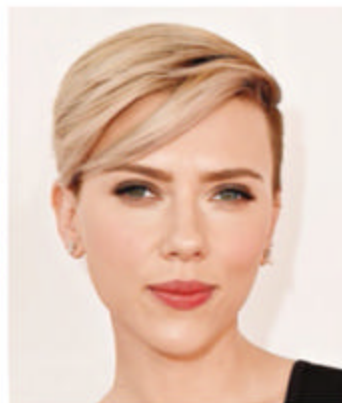
With a little help from Scarlett Johansson, stylist Davy Newkirk proves that a shaggy crop can be every bit as versatile as long hair—just make your blow-dryer your new bestie.



Sculptural

"Dramatic and regal" is how Newkirk describes this voluminous pompadour. Rake and lift strands straight back while blow-drying. Lock in height with hairspray.

Alterna Haircare Bamboo Ultra Hold Hairspray, \$22; alternahaircare.com.



Soft

Shine is key here, so prep hair with a hydrating mask and a lightweight oil. With a round brush, blow-dry hair while coaxing it over the forehead to one side.

Wella Professionals LuxeOil Reconstructive Elixir, \$48; ulta.com.



High and to the Side

To create this asymmetrical fauxhawk, Newkirk uses a round brush to blow-dry strands back and over to one side. Once you're done doing the same, skim the top with an application of molding paste for hold.

Y.S. Park Professional 60-G1 Brush, \$60; shearworld.com.



HER QUICK-CHANGE ARTIST



DAVY NEWKIRK

@davynewkirk

Red-Carpet Regulars

Jessica Alba, Naomi Watts, and Allison Williams have all stepped out with his cool-girl updos.

His Go-To Product

He stocks up on Lux Hair Mask while traveling in Japan. "Especially with Scarlett's colored hair, it's important to put moisture back in before styling."

HER QUICK-CHANGE ARTIST



ALEX POLILLO

@apolillo

Red-Carpet Regulars

Kate Mara and Elisabeth Moss have left their lobs in his hands.

His Go-To Product

Bumble and Bumble Surf Spray is the ultimate multipurpose product, he says. "You can use it on wet or dry hair as a volumizer, a setting spray, or as it's intended—a beach spray."

Felicity's Smooth Blowout

Pro Alex Polillo breathes new life into Felicity Jones's standard with a varied collection of stylers.



Sleek

Make a diagonal part on one side. Comb a palmful of gel through damp strands; let set. Gently blow-dry on low heat.

Joico Sculpting Gel, \$17; joico.com. Krest Curved Tooth Detangler, \$3; sallybeauty.com.



Raked Back

Blow-dry hair straight. Place a dollop of styling cream in palms, and run hands through hair, pushing it back and off the forehead to create a "languid feel." Set with hairspray.

Leonor Greyl Éclat Naturel, \$46; saks.com. L'Oréal Paris Elnett Satin Hairspray, \$15; lorealparisusa.com.



Bouncy

Height at the crown is important, says Polillo, who mists volumizing spray over the area for lift. After blow-drying, set hair in rollers for body and curves.

Phyto PhytoVolume Actif, \$29; sephora.com. T3 Voluminous Hot Rollers, \$99; sephora.com.





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10 WAYS TO

Make Your Pedicure Last



1 Upgrade Your Polish

If your feet are parked firmly in the gel camp, consider trying new gel-like lacquers, like Sally Hansen's Miracle Gel, which can provide "long wear without UV curing or a lengthy removal process," says N.Y.C. pro Julie Kandalec. If you prefer traditional polish, get your hands on this new dual-ended stick; it has a tinted topcoat that intensifies your shade with every reapplication.

L'Oréal Paris Infallible Pro-Last Nailcolor in Infinite Sky, \$10; drugstore.com.



Go Smile On the Go Teeth Whitening Pen, \$33; gosmile.com.

2

Lighten Up

Loud pedis aren't your jam? Keep naked nails looking neat by cleansing the surfaces and then turning to a teeth whitener. Whether it's the gritty combo of a spoolie brush and whitening toothpaste, a mix of baking soda and water, or a coating from a whitening pen, "the ingredients that work on teeth can make yellowed, discolored nails look brighter," says dermatologist Mona Gohara. Apply once a week.

3

Skip a Soak

We get the allure of a warm scented footbath—but we also know that steeping toes in a bowl of water all but guarantees your polish will chip in a few days. "The water expands the nail plate," says manicurist Elle Gerstein. "When the polish finally dries, the nail contracts, causing the color to chip." Take a dip in the water, and then dry immediately. Use a spoolie brush and cleanser to clear surfaces so polish adheres better.

Sonia Kashuk spoolie brush, \$2; target.com.



4

Get Elevated

Flip those floppy sandals in favor of open-toe platform heels. "When you walk in flats, feet are not getting the right support, and they're in closer contact with the ground, which allows dirt and cracks to appear on heels," says podiatrist Johanna Youner. Hydrate daily to ward off chalky calluses, then shop for the perfect neutral wedges that go with everything.



LUPITA NYONG'O in Christian Louboutin shoes

5

Revisit First Base

You'll never get mileage out of your pedi if you just slap on a coat of color, says manicurist Deborah Lippmann, who works with Lupita Nyong'o. To nix oils, use nail cleanser, such as Lippmann's 2 Second Nail Primer (\$14; nordstrom.com), and then a "sticky" base like this one, which holds onto polish for the long haul.





6 Turn Nicks into Nail Art

Put down the cotton balls. You don't have to wipe out your whole pedicure because you stubbed your toe and cracked your polish. Just embrace the colorblock mani trend. Pick up a nail brush and paint a square or stripe over the chips. Use a contrasting shade as your base for optimum pop. If dexterity isn't your strong suit, sweep a glitter topcoat over toes. The particles stick to nails and mask imperfections.



7 Coat the Tips

Just as dry shampoo can buy you a few days between blowouts, this trick can help you milk your paint job: Once your color is set (be it gel or traditional), run the brush of your topcoat over surfaces, concentrating on the edges. "It protects against wear and chipping," says Gerstein. As days pass, gently buff away jagged edges and reseal with topcoat.

Sephora Collection Nail Buffer Block, \$6; sephora.com. Dermelect Memento Manicure Extender Top Coat, \$16; dermelect.com.

8

Put On a Gloss

Imagine a van Gogh painting; now imagine it hanging in a cracked, rusted metal frame. It suddenly doesn't look so pristine, does it? Craggy cuticles have the same effect on painted nails. Stash a brush-tipped pen filled with moisturizing oils (like argan, marula, or sunflower) in your bag. Every day, sweep over the surrounding skin to keep it supple and hydrated.

Ciaté Beautiful Cuticles Pen, \$17; bloomingdales.com.



9 Mind the Cracks

You don't think Manolo Blahnik designed those slingbacks to show off scaly heels, do you? After a pedicure, help feet stay smooth with a regular hit of acid—urea, glycolic, or lactic acid, that is. Every other night, slather on a lotion containing one of those exfoliating ingredients, "which continues to break down calluses and trap moisture so feet remain soft," says dermatologist Whitney Bowe. On off nights, alternate with an ointment like Aquaphor, suggests Dr. Gohara, or a rich balm like this one from Dr. Jart.



Dr. Jart+ Ceramidin Oil Balm, \$35; sephora.com. Julep Mint Condition Pedi Crème, \$20; sephora.com.

10

Respect the Drying Time

Type A folks may find this hard to hear, but after a pedicure you need to cool your heels at the salon for 20 minutes before putting on sandals. "Then avoid closed-toe shoes for up to 12 hours," says Sarah Gibson Tuttle, founder of Olive & June nail salon in Beverly Hills. If you must dash, Rituals's quick-dry drops speed up surface drying to 60 seconds, so you can step out of the salon 19 minutes faster.



Rituals Quick Dry Drops, \$8; rituals.com.

crack
life
open.

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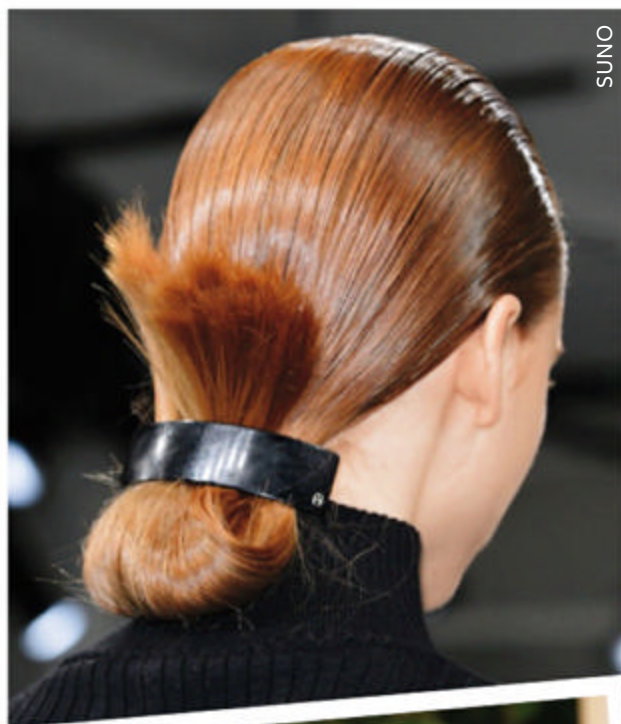
YOU CAN DO

BOLD BARRETTES

It's surprisingly easy to master the look. Just follow this insider advice from Executive Editor **Amy Synnott**



ROCHAS



SUNO

Rectangle
Volume
Barrette,
\$28;
franceluxe
.com.



Why I Love Them...

1 It reminds me of being 12 years old (in a good way).

Remember when you had a drawer full of bows and colorful barrettes? It was fun to do your hair back then because the possibilities were endless—and instantly gratifying.

2 Nostalgia aside, it looks totally current. Ever since Céline showed that gorgeous circular barrette last spring (see next page), chic iterations of the look have been popping up everywhere from the red carpet (exhibit A: Emma Stone, right) to your local Banana Republic.

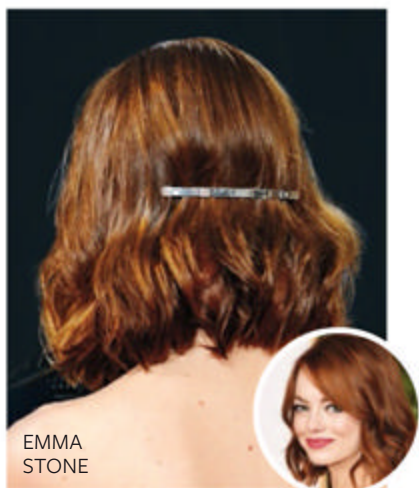
3 It's great camo for a scrappy blowout. Biceps getting tired? Pull hair back into an oversize barrette and no one will notice you gave up after five minutes.

EMMA
STONE

Turn the page
for Stone's
how-to. →

RAISE the BARRETTE

The once humble accessory is suddenly almost as ubiquitous as gladiator sandals and bucket bags. But before you go slapping any old metal barrette onto your hair, take a moment to notice a few key updates. The latest versions are long and skinny or thick and chunky. As for placement, try putting it somewhere unexpected, such as on the center of your head. An element of surprise gives this look its edge.



EMMA STONE

THE FLOATING BAR

To prep Stone's strands, hairstylist Mara Roszak applied a texturizing cream to hair and rough-dried it before winding random sections around a wave wand. She sealed the deal with a barrette placed in the center of the back of the head. You might want to grab a girlfriend to help you level your look.

Sylvain Le Hen Barrette 021 Xs, \$58; stevenalan.com.

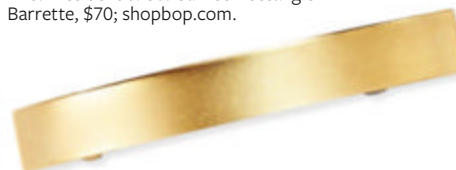


KATIE HOLMES

THE PONY BELT

After smoothing Holmes's hair back into a simple ponytail, hairstylist DJ Quintero added texture spray and used a curling iron to make a curve near the pony's base before snapping the barrette into place. Consider this style your snooze button's new BFF.

Mrs. President & Co. Curved Rectangle Barrette, \$70; shopbop.com.

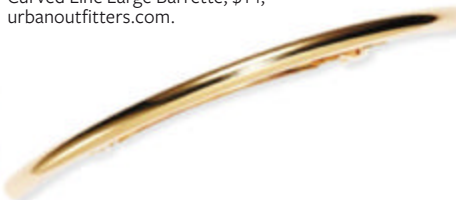


ANNA FARIS

THE STRAIGHT ARROW

For Faris's fresh French twist, hairstylist Jenny Cho curled strands and then swept up the top portion of hair, twisting and fastening it into place. For thin hair in need of a stronger hold, tease the crown to produce grip, and then secure with a clear elastic; cover the elastic with a barrette.

Curved Line Large Barrette, \$14; urbanoutfitters.com.



FASHION FLASHBACK

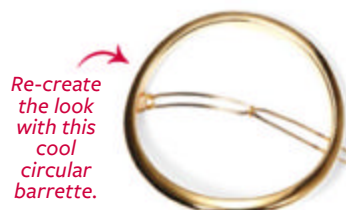
Barrettes first resurfaced on the spring runways.



LANVIN, SPRING '15



CÉLINE, SPRING '15



Re-create the look with this cool circular barrette.

Gold Circle Barrette, \$17; bananarepublic.com.



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BEAUTY

Editors' PICKS

This month's best beauty finds



Hourglass
Modernist Eyeshadow Palette
in Graphite, \$58; sephora.com.

"Many shadows look pretty in the pan but fall short on lids. Not these powders: The pigments stand out even on my medium-dark skin."

—SHERYL GEORGE, beauty editor



"After three applications of this creamy mask with brightening peony, my summer freckles faded."

—DIANNA MAZZONE,
beauty assistant

GlamGlow
Flashmud Brightening
Treatment, \$69; at
Sephora.



"Just when I gave up on my hunt for the perfect pale pink lipstick, this baby rolled across my desk. Gorgeous matte shade, zero chalkiness."

—KAHLANA BARFIELD,
fashion and beauty editor-at-large

Anastasia Beverly Hills
Liquid Lipstick in Pure
Hollywood, \$20;
anastasiabeverlyhills.com.

"With these adorable mini bottles—which hold Prada's caramel Candy scent plus a fresh and a spicy version—I can spritz to match my every mood."

—ANGELIQUE SERRANO,
beauty director

Prada
Candy
Kiss,
\$80/set of 3
(.68 fl. oz.
each);
macys
.com.



Derestivo
Calfskin
clutch with
gold
grommet
details,
\$225;
derestivo
design.com.

"This fringed leather clutch doubles as a makeup bag thanks to its stain-resistant nylon interior. Bonus: Partial proceeds benefit the One Love Foundation, which fights domestic violence."

—AMY SYNNOTT,
executive editor





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TRANSFORMATION

LIV TYLER

Do we think it's "Crazy" that Liv Tyler today looks pretty much like she did in dad Steven Tyler's 1994 Aerosmith music video? Uh, yeah. That may be because "she takes really good care of her porcelain skin," says makeup pro Genevieve Herr. "She's always exfoliating and moisturizing. And she's so health-conscious: She doesn't smoke and drinks lots of water." On such a smooth canvas, "I never use heavy foundation, just tinted moisturizer. That way, her skin can shine through."



NOW

"Liv loves a classic red lip. She believes that if you put on just a little bit of lip color, you look younger. She says her grandmother always carried some in her bag." —GENEVIEVE HERR



1994



1998



1999



2001



2002

"Liv is very open to trying different makeup, but I always like to play up her gorgeous blue eyes with black or navy liner."

—GENEVIEVE HERR



2004



2006



2007



2008



2011



2014

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Q&A



Q I love to swim but hate how chlorine and salt water turn my hair into straw. Help!

A The most effective defense is an aggressive offense. Before you dive into the deep end, saturate and seal strands with hydrating oils so they'll absorb fewer chemicals and salt, says New Jersey cosmetic chemist Ni'Kita Wilson. Wash hair with an oil-based shampoo and conditioner, suggests stylist Nathaniel Hawkins. Then right before swimming, coat it with an oil treatment (like the one by Nexxus shown here) to deposit a protective, moisturizing film. When you're out of the water, cleanse with a clarifying shampoo; one with ingredients like, say, peppermint can cut through all the residue.



Nexxus New York Salon Care Oil Infinite Nourishing Oil, \$18; target.com.

Q I'm going to an outdoor wedding and don't want to spend the night worrying about my makeup running down my face. Got any tips?

A If air-conditioning is out of the question, focus on prepping your skin with oil-controlling products to ensure your makeup holds, says pro Mary Phillips, who regularly works with Jennifer Lopez. Start with an oil-free moisturizer, followed by a matte foundation set with just a bit of powder. "You don't want to use anything with a greasy finish, since those formulas can encourage skin to produce more moisture," she says. If you have a naturally oily complexion, consider layering an anti-shine primer over your moisturizer, as pro Carola Gonzalez did for Kerry Washington, to keep colors from migrating. Then skip the peacock shadows and define your eyes with a few simple strokes: Wing out your liner, and add a couple of coats of mascara (or some false lashes) for a dramatic yet surprisingly low-maintenance look.

L'Oréal Paris Infallible Pro-Matte Foundation, \$15; drugstore.com. Neutrogena Hydro Boost Water Gel (\$19) and Shine Control Primer (\$13); neutrogena.com.

SENSITIVE SKIN HARSHING YOUR GLOW?

Problem... SOLVED

YIKES! Your dull complexion could use a good sloughing and brightening, but the slightest touch of an acid-soaked cotton ball sets your pores screaming and your skin peeling.

YIPPEE! Along with exfoliating glycolic and salicylic acids, this bottle holds microalgae oil and algae extracts to soothe and nourish. We chased down a staffer with notoriously sensitive skin ("even made-for-baby products break me out," she says) and begged her to give it a try. The results shocked her: "My skin is soft and smooth, and the peel didn't cause a bit of redness," she says.



Algenist Genius Ultimate Anti-Aging Bi-Phase Peel, \$85; algenist.com.

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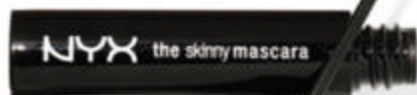
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The precision brush, which is a mere 1.5 millimeters wide, is meant to darken lash lines.



\$10

Only one word fully describes this fine cheek powder: magic. It melts into a bright cream on contact.

Flower Beauty Transforming Touch Powder-to-Crème Blush in A-coral-ble; at Walmart.

\$8
You wouldn't step outdoors without a dose of SPF (right?). This conditioning shine spray with frizz-blocking oils is almost as crucial (almost).

Fekkai Pré-Soleil Hair Mist, 1.7 fl. oz.; fekkai.com.



\$7

Be sure to really nuzzle the skinny brush between the roots before sweeping it through lashes. You'll get fuller-looking fringe instantly.

NYX Cosmetics
The Skinny Mascara;
nyxcosmetics.com.



\$15

Before you give your host yet another candle, consider turning up to the party with these long-stemmed scented matches. That way she can stylishly light the pillars she already has.

Cire Trudon Scented Matches in Bartolomé, \$15/40; barneys.com.



\$14

No frosty finish here. The warm neutral lipstick offers even more facets when coated with the matching gloss.

Nonie Creme Colour Prevails Classic Lip Duo in Mannequin Beige, at Walgreens.



PRO SECRET
Cheapie

"This oil-controlling base makeup lasts all day so you'll need minimal touch-ups all summer long."

—RENNY VASQUEZ, makeup artist

MAC Cosmetics Sized to Go Oil Control Lotion, \$10/1 fl. oz.; maccosmetics.com.

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InStyle

July 2015

“What was important
for my mother
is that we married
somebody who still
had dreams and
aspirations—not
what color or class
they were from.”

Leï Saddouet

PAUL MAFFI

The Row shirt.
Missoni bikini
top and pants.

Dolce &
Gabbana
earrings.
Bulgari ring.

feeling good

WITH TWO *cooing*
ADDITIONS TO HER FAMILY,
zoë saldana OPENS
UP ABOUT THE *joys*
AND CHALLENGES OF
motherhood,
FINDING A NEW RELIGION
IN *love*, AND WHY
WOMEN NEED TO
stick together
NOW MORE THAN EVER

by MIKE SAGER photographed by PAUL MAFFI styled by MELISSA RUBINI



THE ROW
Cotton shirt.

MISSONI
Viscose bikini top.

Rings, worn throughout, from top: Bulgari mother-of-pearl, onyx, and 18kt gold; Louis Vuitton rose gold; and Gucci enamel, crystal, and gold finish.



BOSS
Polyester-viscose
jacket.



UNIQLO
Denim shirt.

CHANEL
Stretch jersey bikini top.

SONIA RYKIEL
Denim jeans.

Left-hand ring, her own. Hermès
18kt rose gold watch, worn
throughout. Pierre Hardy
watersnake sandals.



CHANEL
Muslin blouse
and stretch
jersey bikini top.



VALENTINO
Silk georgette blouse
and denim pants.

“I DON’T WANT TO GET BACK TO WHERE I USED TO BE.
I WANT TO FEEL *healthy*, AND NOT JUST FIT INTO THE OLD
JEANS I USED TO WEAR. I’M A *woman* NOW. MY BODY HAS
CHANGED FOREVER. IT’S SOFTER...AND *stronger*.”

On the marble balcony of a rococo mansion overlooking the Pacific Ocean, Zoë Saldana climbs back into a pair of 4-inch gold-toned Prada heels with a good-natured groan. It's only late morning, but her feet are already sore. The first day back to work after maternity leave is a rite of passage for many a new mom, and five months after the birth of her twin sons, Cy Aridio and Bowie Ezio, Saldana is on the job, looking beautiful in a high-waist pink Carolina Herrera skirt over a revealing spaghetti-strap Missoni bathing suit. A small constellation of stars tattooed beneath her ribs peeks out demurely.



On table, from left: Chanel Fine Jewelry diamond, onyx, and 18kt gold bracelet. Bulgari diamond and 18kt rose gold necklace.

HAIR: BEN SKERVIN
FOR THE
MAGNET AGENCY.
MAKEUP: VERA
STEIMBERG FOR
CRITERION GROUP.
MANICURE:
TINA AU. SET
DESIGN: BETTE
ADAMS FOR MARY
HOWARD STUDIO.



In the six years since Saldana's breakout role as a blue-skinned alien princess in James Cameron's box office powerhouse *Avatar*, the 37-year-old actress has starred in a series of sci-fi films that, all told, have grossed more than \$5 billion. She has also managed to produce and star in the TV miniseries *Rosemary's Baby*, found a production company with her sisters, and start a family with Italian artist Marco Perego, a hunky, topknotted former professional soccer player who took Saldana's name after they married in a quiet ceremony in 2013. "I tried to talk him out of it," she says. "I told him, 'If you use my name, you're going to be emasculated by your community of artists, by your Latin community of men, by the world.' But Marco looks up at me and says [she puts on a cute Italian accent], 'Ah, Zoë, I don't give a sheet.'"

With two new movies and those twin boys now in the picture ("truly identical—one placenta," she says with a measure of both pride and weariness), Saldana is doubling down. In *Infinitely Polar Bear* (out this month), which is based on a true story, she plays a woman struggling to raise her kids with her bipolar husband (Mark Ruffalo) in 1970s Boston. Then comes *Nina*, a biopic about the singer and activist Nina Simone. Not only does Saldana portray the mercurial musician, relying on facial and dental prosthetics for a closer resemblance, but her production company, Cinestar Pictures, co-produced the movie. Saldana's casting was questioned by many, including Nina Simone's daughter, Lisa Simone Kelly, who believed Saldana's light skin and narrow features were inappropriate for the part. "My mother was raised at a time when she was told her nose was too wide, her skin was too dark," Kelly has said. Other African-American personalities voiced similar concerns.

Saldana agreed at first. And her mother and sisters urged her not to take the role. "I didn't think I was right for the part, and I know a lot of people will agree, but then again, I don't think Elizabeth Taylor was right for Cleopatra either," Saldana says. "An artist is colorless, genderless... It's more complex than just 'Oh, you chose the Halle Berry look-alike to play a dark, strikingly beautiful, iconic black woman.' The truth is, they chose an artist who was willing to sacrifice herself. We needed to tell her story because she deserves it."

Next is the march of sequels that stretches all the way to 2019: In *Guardians of the Galaxy 2*, Saldana reprises

her role as Gamora, the green assassin. In *Star Trek 3*, she plays Uhura. And then comes *Avatar 2*, 3, and 4.

Now, on the balcony, set on a steep cliff near Malibu, Saldana moves through a series of poses, her delicate features rearranging themselves expertly into expressions of wry delight, inward reflection, sly wonder, sultry heat. The camera clicks and whirs. The flash pops. The photographer asks Saldana to look off to her right.

Standing in her line of sight, in a shady spot beneath a temporary tentpole, a quartet of women fuss over the twins. Bowie and Cy grab at the air with tiny fingers, murmuring and reaching.

The twins are an adorable mix of Saldana and Perego's globe-trotting genes. "I come from a very physically eclectic family," Saldana says. "Black. Latin. Lebanese. We were all colors, but we never talked about it. We all ate the same food. I look at Cy, and he looks almost Cambodian. And I look at Bo and it's like, oh my god, our little pharaoh."

Saldana breaks character and melts into a mommy smile. She extends her arms helplessly, and the boys are brought to her. "How many moms get to take their babies to work on the first day back?" She laughs with delight, showering them with kisses.

A few days later, Saldana is wrapping up a meeting at the Sunset Tower in West Hollywood, comfortably dressed in Mother jeans. In person, she is colorful, boisterous, ironic, and self-assured, full of the moment. Her favorite black YSL clutch is by her side on the banquette. Throughout her movie career—in her roles as a striving ballerina, a deadly assassin, a comely alien, a starship communications officer—she is often dressed in skin-tight outfits that showcase her sinewy dancer's figure. Now she tugs at the draping of her simple black blouse, trying to recall the name of the designer. "I don't know who makes this shirt, but I know it actually fits," she says.

She sits with her feet drawn up beneath her. Abandoned on the floor is a well-worn pair of red Marc Jacobs flats. "It's an illness I have," she says. "I am embarrassed. I can be at the fanciest of all dinners—I can be at the Met Ball!—and I will take off my shoes. Even if I'm wearing a big gown, I'll bring my feet up. I just feel comfortable that way."

"I've never really been into brands," she continues, "even though I do like to shop for artistic pieces. I love

"I DON'T WANT TO SELL A *fantasy*.
I WANT TO SELL A REALITY
BECAUSE I'M A VERY *real* PERSON."

Sharing Is CARING

Saint Laurent. I love Balmain. I love Vionnet. Those kinds of pieces are timeless; there's a history attached to them as well. And they're French," she says, laughing. "But I also choose things according to my mood and how I feel with my body. When I was pregnant, I was wearing a lot of tight, stretchy dresses. I'm not a sweatpants kind of person, not even when I work out."

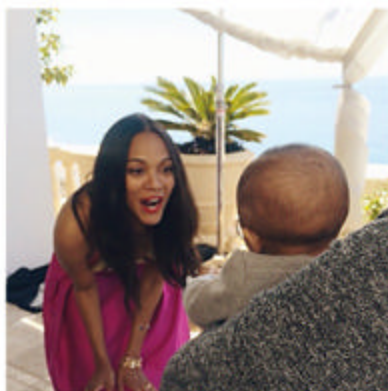
The table is littered with wineglasses and coffee cups and near-empty bottles of bubbly water. She has just adjourned a business meeting with four women, including one of her sisters. With her production company, Saldana has taken on the role of entrepreneur as well. "For every five opportunities a man has, a woman has only one," Saldana says, her voice bristling with passion. "We won't succeed until we look at each other and say, 'F— this one job! Let's create our own opportunities.' What if we don't have to compete with each other?"

While some of Saldana's stridency was born of historical Hollywood bias, some of it also stems from her youth in the male-dominated culture of the Dominican Republic, where the actress moved to from New York at age 9, after her father died. "I grew up in an environment where the women did everything, and yet the men were treated like absolute kings in the house. For me, it was always confusing." Up until recently, she says, her idea of perfect bliss was found inside the bubble of her family matriarchy, lounging around with her grandma, mom, and two sisters, gossiping and having drinks.

I ask her if it's ironic that she's now living in a nuclear household surrounded by Y chromosomes—her husband and two boys.

"I call it absolute irony," she says, "and I also call it a purpose: It was meant to be that way. There's a lesson that the universe needs me to learn. It's not like I've had issues with men; I've always just been independent to a fault. I've always believed it's my birthright to behave as an equal on this earth and to be entitled to everything and anything. That said, I've had my experience of heartbreaks when it comes to choosing partners who wanted to be equals but didn't have the

Saldana is an open book on social media. "I share the challenges and joys of being a new mom," she says, "in the hopes it might inspire others."



FIRST DAY BACK ON SET

"God bless the child that's got his own, that's got his own" ~ Billie Holiday
#motherhood #lovethesekids



OUT THE DOOR

"Our days now are filled with #twin action! Seriously, the 3 of them couldn't get through the door at the same time. We couldn't stop laughing. #bliss"



TINY SOCCER FANS

[Translated from Spanish] "Let's go #RealMadrid! These uniforms are so cute I needed to share. I could eat these babies with kisses!"



THE JOURNEY INTO SHAPE

"Bouncing back feels impossible, but I know it is important as a woman, and now a mommy, to not give up. I am determined to get my energy back."

ability to actually reciprocate the respect.

"Since I've been with Marco, I've been lowering my guard," she says, using her graceful, long-fingered hands for emphasis.

"Finally, when we had our boys, I looked at my husband, and I realized: I was meant for you, and you were meant for me. I've always felt comfortable around men as long as they were my friends. Now I finally feel comfortable with my lover. And I don't want to be separate. I want my church to be my state and my state to be my church. I want to live inside the religion of our own little family. Speaking of which, what time is it?"

She checks her phone. We'd gotten started a little late due to her meeting. "Oh my god," she says, in mock horror. "I've got to run! My mother-in-law is watching the kids." ■



**DOLCE &
GABBANA**

Leather dress.

Hirofuka diamond
and 10kt gold
earrings and ring.



bewitched

Fresh-faced
and doe-eyed, up-
and-coming actress
OLIVIA COOKE
charms in '60s-
inspired looks with
mod patterns and
flirty silhouettes

photographed by
HORST DIEKGERDES

styled by
ALI PEW

VALENTINO

Calfskin belted gilet
and cotton shirt.

Valentino Garavani
calfskin bag with
chain and calfskin
boots. Gemma Redux
gold-plated earrings.



MARNI
Silk-cotton dress
and metal, resin,
and horn earrings.

TOUCH OF HONEY

Olivia Cooke has just arrived in Los Angeles after six weeks of playing a starry-eyed prostitute in Wayne Roberts's new drama, *Katie Says Good-bye* (coming next year). "It wrapped last night. Now all I want is to lie in the hollow of a good man's armpit and be stroked," sighs the 21-year-old English actress. For now she'll have to console herself with a cup of warm fruit-infused tea at the SLS Beverly Hills Hotel. Growing up in dreary Greater Manchester, Cooke is a tea aficionado. "I steal tea bags wherever I go," she says. "A cup always makes me feel comfortable." For the past three years Cooke has been a nomad. "I have to chuck my suitcases out every year because they're so battered," she says, though today she seems unruffled in a Brandy Melville frayed white top. After she appeared in 2012 riding piggyback on Harry Styles in a One Direction music video, Cooke has bounced from set to set across North America, including in Vancouver, where A&E's *Bates Motel* is filmed, and Pittsburgh, where she shot the Sundance-winning smash *Me and Earl and the Dying Girl* (out now). Cooke has a penchant for uncomfortable places. For *Earl* she shaved her head for the part of cancer-ridden teenager Rachel. "I really struggled," she says. "My hair is just now at a length where I feel like I look like a girl again."

—SHARON CLOTT KANTER



DIOR

Wool-mohair dress
and suede boots.

Marni metal, resin,
and horn earrings.

**MICHAEL
KORS**

Embroidered
guipure lace dress.

Hirota Akoya pearl
and 10kt gold ear cuff,
Akoya pearl and
10kt gold earring,
and diamond and
10kt gold earrings.





FENDI

Crêpe dress and
python bag.

Marni metal,
methacrylic, and
horn earrings.

HAIR: DENNIS GOTS
FOR THE WALL
GROUP. MAKEUP:
DARLENE JACOBS
FOR STARWORKS
ARTISTS.

THE IN CROWD





From left:

M. PATMOS

Wool-cashmere
cardigan.

**MARYSIA
SWIM**

Nylon-Lycra
swimsuit.

Jewelry, worn
throughout,
her own.

TAVIK

Nylon-spandex
swim top.

**DEREK
LAMIO**

CROSBY
Cotton skirt.

Michael Kors
calf-hair sandals.

PROTAGONIST

Cotton-viscose
trenchcoat.

ARAKS

Polyamide-
elastane bikini.

The Row
hand-beaded,
embroidered
sandals.

In no-fuss neutral tones and refined silhouettes,
(from left) ZOË KRAVITZ, KIERSEY CLEMONS, and
CHANEL IMAN, stars of the breakout Sundance comedy
Dope, prove that beach style goes way beyond the bikini

photographed by **CHAD PITMAN** styled by **ANNA SCHIFFEL**

MIKOH
Nylon-spandex
swim top.
ACNE
STUDIOS
Wool twill pants.





From left:

**ELIZABETH
AND JAMES**

Polyester-viscose dress.

The Row hand-beaded,
embroidered sandals.

CÉLINE

Silk crêpe dress.

THE ROW
Silk organza
dress.



THREE SIRENS

As the setting sun paints the Santa Monica sky hot pink, Kiersey Clemons and Chanel Iman scroll through their Instagram feeds, debating the merits of candid versus posed photographs. “I’m an actress, so I love candid,” says the 21-year-old Clemons, best known as teen troublemaker Bianca on the pioneering Amazon series *Transparent*, “but [Chanel] is a model, so she’s like, ‘No, no!’” Iman sips her Jamba Juice, affecting a perfectly casual selfie face. “It just has to *look* like a candid,” says the former Victoria’s Secret Angel, who, signed to Ford Models at age 13, is no slouch when it comes to posing.

This month the supermodel adds actress to her CV as the star alongside Clemons and Zoë Kravitz in the sophisticated Sundance darling *Dope*, which centers around a group of modern-day high school students in Inglewood, Calif., obsessed with 1990s hip-hop. Written and directed by Rick Famuyiwa (*The Wood*), produced and narrated by Forest Whitaker, and executive-produced by Pharrell Williams, the comedy goes well beyond the stereotypes of “black film.” The central character, Malcolm, played by newcomer Shameik Moore, prefers Walkmen to smartphones, flattops to buzz cuts, and listens exclusively to pre-Autotune

hip-hop and punk. A\$AP Rocky, making his acting debut as a drug dealer, finds the time to discuss the civil libertarian concerns raised by drones. Diggy, played by Clemons, is a young queer drummer, while Kravitz portrays Nakia, a lost soul with a seductive quietness studying for her GED.

Three thousand miles away and a few days later, Kravitz

explains the appeal of *Dope* over a matcha tea at downtown Manhattan’s the Smile: “I’ve stayed away from doing ‘urban film’ because I just don’t relate to the characters. I’m not going to take a role because I happen to have the same skin color.” Kravitz, the 26-year-old daughter of musician Lenny (whose FaceTime requests she daintily declines during the interview)

VALENTINO
Embroidered silk
crêpe dress.



and actress Lisa Bonet, likens the film to *Risky Business* meets *Friday* meets *Superbad*.

Famuyiwa's ability to see his characters beyond clichés is matched only by his ability to see his cast beyond their confines. Iman, who once attended the Met Gala on the arm of Tom Ford, plays Lily, an unhinged sex-pot who spends most of her time onscreen being either high or naked and sometimes both. "This was the chance to show people my acting ability," Iman says, "because Lily is the total opposite of who I am." As for Lily's other assets, on display in a plunging kimono and teeny-tiny pink terry romper, she notes, "Most people wouldn't have taken this role because of the nudity, but I've done so many shoots topless...I look at it as art." She shrugs, worldly beyond her 24 years. "Someone's got to do it." Even the veteran Kravitz was impressed: "She could have just been the hot girl naked in the pool. But she went for it!"

Clemons, for her part, fell in love with her character and even traded in her personal style—gamine collars and bright floral dresses—for Cross Colours jackets and Doc Martens. "Our costume designer, Patrik, knows that when he puts something on me, he's never getting it back," she says, joking.

As for what Kravitz, trying to keep warm in a cashmere Alexander Wang coat over a black sweater and jeans, took from *Dope*? "Well, it was a passion project," she says, "and it shows that sometimes following your passions just works out." —**STEFFIE NELSON**

CÉLINE

Wool top.

ZERO + MARIA CORNEJO

Polyamide-elastane swim shorts.

HAIR (CLEMONS AND IMAN): DENNIS GOTS FOR JED
ROOT. HAIR (KRAVITZ):
LESLIE D. BENNETT.
MAKEUP: DARLENE JACOBS
FOR STARWORKS ARTISTS.
MANICURES: DEBBIE
LEAVITT FOR NAILING
HOLLYWOOD. SET DESIGN:
BETTE ADAMS FOR MARY
HOWARD STUDIO.






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PHOTOGRAPHED BY JOHNNY MILLER



Mod
Meringues
Turn the
page for the
recipe.

SWEET STYLE

Fill white espresso cups with red and blue candies. The clean, graphic typography of a No. 4 button announces the day (and hooks easily over the side of any vessel). A glitter-paper star on a stick finishes the look.



Star- Spangled Sundaes

A DIY ice cream bar is a quintessential summer party pleasure. Raspberry sorbet, vanilla ice cream, and blueberries establish the palette, while a butter cookie on top brings a classic touch. We used a small star cutter inside a larger one to get this outline shape.

SERVES 8
ACTIVE TIME 1 hour
TOTAL TIME 2 hours, 45 min.

- 1** stick unsalted butter, softened
- ½** cup granulated sugar
- 1** large egg yolk
- ½** tsp pure vanilla extract
- ¼** tsp salt
- 1¼** cups all-purpose flour, plus more for rolling
- 2** pints vanilla ice cream
- 2** pints raspberry sorbet
- 1** pint blueberries

COOKIES: **1** Use a stand mixer to beat butter with sugar at medium speed until fluffy, about 2 minutes. Beat in egg yolks, vanilla, and salt, then add flour at low speed. **2** Pat

dough into a disk and wrap in plastic; refrigerate until chilled, about 30 minutes. **3** Preheat oven to 350°F. **4** Line a baking sheet with parchment paper. **5** On a lightly floured work surface, roll out a disk of dough ¼-inch thick. Using assorted star-shaped cookie cutters (\$7/5; nycake.com), stamp out cookies as close together as possible; transfer to a baking sheet, 1 inch apart. **6** Bake cookies in the center of the oven for 18–20 minutes, until lightly browned. Let cool slightly, then transfer cookies to a rack to cool completely.

SUNDAES: **1** Scoop ¼ cup each of vanilla ice cream and raspberry sorbet into 8 bowls. **2** Sprinkle each with ¼ cup blueberries, then top with one or two star cookies.

SWEET STYLE

Little wooden spoons embellished with bright designs add a fun element to the table. Mix patterns in the same colors for an eclectic feel.

Porcelain espresso mugs, Sur la Table, \$3 each; surlatable.com. Starburst cake topper, Make It Merry, \$14/12; makeitmerryshop.etsy.com. Assorted candies, Sugarfina, from \$7/small cube; sugarfina.com. Metal No. 4 tabs, Presto Paper, \$1 each; prestopaperandhome.com. Porcelain rimmed bowls (\$10 each) and cotton napkin (\$15), Canvas, canvashomestore.com. Colorblock wooden ice cream spoon, ReInvent Home, \$7/12; reinventhome.etsy.com. Striped earthenware saucer, Astier de Villatte, \$78; johnderian.com. Striped wooden ice cream spoons, Sucre Shop, \$10/20; sucreshop.com.



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Flag Cake

When your guests first cut into this elegant, iced-white layer cake, they'll flip when a bold flag is revealed. The clever creation of blogger and cake designer Kathryn Poduska (her site, sugarturntable.com, offers tutorials on "surprise-inside" cakes), this dessert is built to thrill. Pro tip: Chill the cake well to keep the design from becoming distorted when sliced.

Porcelain appetizer plates, RH, \$21/4; restorationhardware.com. Maple cake stand, A Heirloom, \$70; aheirloom.com. Stainless steel and resin cutlery, Cutipol, \$453/24 pieces; us.amara.com.

Turn
to p. 163
for the
recipe.

SWEET STYLE

Sparklers on a cake are a total crowd-pleaser. Sparklers in three sizes take your pyrotechnics to the next level. Sparklers, from \$4 each; tops malibu.com.

Mod Meringues

Channel your inner artist by applying exuberant color to this white cookie. Work with gel coloring instead of standard liquid food coloring here because the hues are supersaturated and the consistency is paintable.

But remember, an apron and gloves are a necessity.

MAKES About 50
ACTIVE TIME 15 min.
TOTAL TIME 1 hour, 30 min.

- 3 egg whites
- $\frac{2}{3}$ cup superfine sugar
- 1 tsp pure vanilla extract
- Red and royal blue gel food colorings (\$2 each; nycake.com)

1 Preheat oven to 225°F. **2** Line two baking sheets with foil. In a stand mixer fitted with a whisk, beat whites at low speed until foamy, then beat at high speed until firm peaks form,

2–3 minutes. With the machine on medium speed, gradually beat in sugar until incorporated, then beat in vanilla.

3 Now read the instructions at right to create each painted effect before proceeding. **4** Using a disposable pastry bag (\$3/10; nycake.com) fitted with a large round tip (No. 9, \$1; nycake.com), pipe $\frac{1}{2}$ -inch mounds of meringue 1 inch apart onto baking sheets. **5** Bake for 1 hour and 15 minutes, rotating sheets halfway through, until cookies are firm. Cool completely before serving.

SPLATTERS: Dilute $\frac{1}{2}$ tsp coloring with a bit of water. Wearing gloves, dip a pastry brush into the mixture; tap over unbaked white meringues.

SWIRLS AND STRIPES: Prop a pastry bag open in a vase. Use a small paint brush to paint 3–4 lines of food coloring inside the bag, starting from the piping tip to halfway up the bag. Fill with meringue. **For swirls**, pipe in a clockwise motion. **For stripes**, pipe while keeping the bag still.

SOLIDS: Add a few drops of food coloring with the vanilla in Step 2.



#targetrun

smoky
hair
don't care



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Flag Cake (from p. 160)

SERVES 10–12
ACTIVE TIME 1 hour, 30 min.
TOTAL TIME 4 hours

- 1 box red velvet cake mix
- 1 box white cake mix
- $\frac{3}{4}$ tsp royal blue gel food coloring (\$2; nycake.com)
- 3 16-oz. containers white frosting

1 Grease two 8-inch cake pans. Prepare and bake two 8-inch red velvet cakes according

to package directions; let cool and remove from pans. 2 Grease two 8-inch cake pans. Prepare the white cake batter according to package directions. Spread half the batter into one pan. Stir the blue food coloring into the remaining batter until no streaks remain; spread it into the other pan. Bake according to the package directions; let cool and remove from pans. 3 Using a long serrated knife, trim off and discard the rounded tops of each cake. 4 Cut each red velvet cake in half horizontally for 4 layers. Cut the white cake in half horizontally for 2 layers. Do not cut the blue cake.

ASSEMBLY



STEP 1

Start with two white cake layers, three red cake layers, and one blue cake layer (that should be twice the height of the others). Reserve remaining layers for another use.



STEP 2

With a 4-inch plate or bowl as a guide, use a small serrated knife to cut out a 4-inch round from the centers of one red layer, one white layer, and the blue cake.



STEP 3

You should now have one 8-inch white layer, one 4-inch white layer, two 8-inch red layers, one 4-inch red layer, and one 8-inch blue ring. Reserve remaining cutouts for another use.



STEP 4

Start with an 8-inch red layer; top with a thin layer of frosting. Stack on the white layer, then frost; add the other red layer, then frost; add the blue ring. Frost the top of the 4-inch white round, and gently insert into the blue ring.



STEP 5

Insert the 4-inch red velvet round into the blue ring and on top of the 4-inch frosted white round. Press it down gently so that the top of the red cake is flush with the top of the blue cake.



STEP 6

Using an offset spatula, spread a thin layer of frosting over the entire cake. Chill until firm, about 30 minutes. Spread the final layer of frosting over entire cake. Chill to firm, about 1 hour. Cut into wedges and serve.

VIDEO VIEW

Watch our food stylist assemble the cake at instyle.com/flag

New!

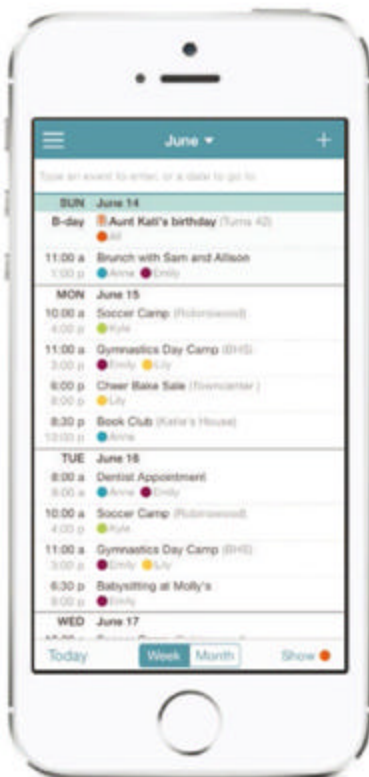
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Red, White & Blueberry Ice Pops

Greek yogurt and fresh berries are the healthy building blocks for these gorgeous treats straight from the kitchen of blogger Sue Moran of Theviewfromgreatisland.com. “I still get a thrill when I lift them out of the mold,” she says. “Even if your stripes aren’t perfect, they will still look and taste great.”

MAKES 10

ACTIVE TIME 1 hour, 15 min.
TOTAL TIME 7 hours, 45 min.

- 1¾ cups blueberries
- 8 drops royal blue gel food coloring (\$2; nycake.com)
- 1¼ cups Greek-style vanilla yogurt, divided
- 2½ cups raspberries

1 In a blender, combine blueberries with food coloring, ¼ cup yogurt, and 2 tbsp

water; purée until smooth. Scrape into a medium bowl. **2** Carefully spoon a thick layer (about 2 tbsp) of blueberry mixture into each of 10 3-ounce ice pop molds (Norpro, \$20; kitchenkapers.com). Freeze until almost firm, about 1 hour. **3** Meanwhile, in a medium bowl, whisk 1 cup yogurt with 6 tbsp water. **4** Carefully spoon a thin layer of yogurt over the blueberry layer in the molds. Freeze until almost firm, about 30 minutes. Refrigerate the remaining yogurt. **5** Meanwhile, combine raspberries and ¼ cup of water in a blender; purée until smooth. Scrape into a medium bowl. **6** Carefully spoon a thin layer of raspberry purée over each yogurt layer. Freeze until almost firm, about 30 minutes. Refrigerate remaining raspberry purée. **7** Poke an ice pop stick into the center of each ice pop. **8** Repeat layering with yogurt and raspberry purée, freezing for at least 30 minutes between each layer. Freeze finished ice pops for at least 2 hours before serving.

Make ahead: The ice pops can be frozen for up to 2 weeks.

SWEET STYLE

Serve your ice pops on sticks with a message: These designs are an homage to the festive firecracker (and were created just for InStyle readers).

Wooden ice pop sticks, Sucre Shop, \$10/20; sucreshop.com.

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FIJI WATER AND GLAMSQUAD PARTNERED WITH INSTYLE TO CELEBRATE TWO DECADES OF BEST BEAUTY BUYS IN NEW YORK CITY

On Tuesday, April 14, InStyle hosted a cocktail party to toast the 20th Annual Best Beauty Buys at the legendary Rainbow Room in New York City.

Hosted by Ariel Foxman and Beauty Director Angelique Serrano, the event was attended by beauty industry insiders, celebrities and friends of the magazine. Guests were treated to a live performance by indie artist, Abir, plus music by DJs Angel + Dren. Throughout the evening guests enjoyed refreshing FIJI Water and received gifts courtesy of GlamSquad, the “beauty-on-demand” service.

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Q&A



Roses and
ranunculus,
Surroundings
Flowers, \$85;
bloomnation.com.

Q I love sending flowers to friends in other cities but am wary of ending up with arrangements that look prepackaged. Any advice?

A For more stylish bouquets, check out **BloomNation**, an online service where super-skilled independent florists can display their unique creations. The experience is as easy as ordering takeout: Plug in the delivery zip code to pinpoint local vendors and filter choices by price, favorite

flower, or occasion. Once the arrangement is ready to send, you'll receive a photo of it. Another chic, modern option: **Flower Muse** offers bundles of gorgeous stems, sans vase, shipped directly from its farms so the blooms are extra fresh upon arrival—and longer-lasting than what you might get from an ordinary florist. Shop its line of classics, such as roses and peonies, or try more exotic varieties like curcumas or sweet peas.



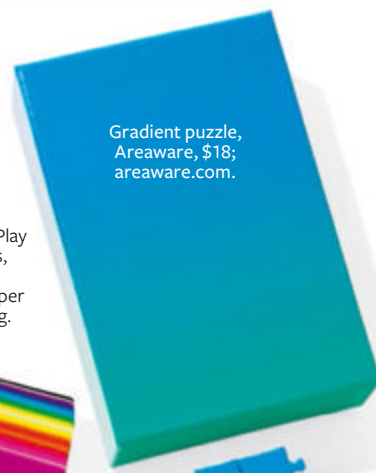
Curcumas, Flower
Muse, \$120/20
stems; flower
muse.com.

We're OBSESSED

Old-school tabletop games have gone kaleidoscopic! Domino fans will adore design duo Lee Storm's abstract twist on the traditional tile, with graphic, colorblock shapes replacing the more conventional dots. Bryce Wilner's gradient jigsaw puzzle promises to entertain a patient soul for hours, and the boxes are pretty enough to leave out in your den. Keep colorful company during a game of solitaire with Fredericks & Mae's multihued deck—it's a pleasure to watch a rainbow of cards flutter through your fingers.



Pieces N Play
dominoes,
Hay, \$65;
shop.cooper
hewitt.org.



Gradient puzzle,
Areaware, \$18;
areaware.com.



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cards,
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FLASHBACK

JENNIFER LOPEZ

We knew the actress and former Fly Girl could command a dance floor. But we didn't know she could tear it up for almost eight hours during our cover shoot and barely break a sweat

AUGUST 2004

"Jennifer is in her element when she's dancing," says photographer Ruven Afanador, who snapped Lopez for our feature **"Moving to Her Own Beat."** After requesting hits by Marc Anthony, whom she had been dating for months then married a few weeks later, the star showed off the incredible ballroom technique she had picked up as a sultry dance instructor in *Shall We Dance?*, a role that channeled her passion IRL. "I'm not a drinker or a smoker, but I love to go out and just let loose," she told us.



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